



International Society  
for Traumatic Stress Studies  
ISTSS 29th Annual Meeting

**Resilience  
After Trauma:  
From Surviving  
to Thriving**

Call for  
Presentations



Boston University School of Medicine  
Continuing Medical Education

Jointly Sponsored by  
Boston University School  
of Medicine and  
the International Society  
for Traumatic Stress Studies

**November 7 – 9, 2013**  
**Pre-Meeting Institutes, November 6**

Philadelphia Marriott Downtown  
Philadelphia, PA USA

The largest gathering of professionals dedicated to  
trauma treatment, education, research and prevention

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for the latest meeting information



International Society  
for Traumatic Stress Studies

ISTSS 29th Annual Meeting

## Resilience After Trauma: From Surviving to Thriving

The 29th Annual Meeting of the International Society for Traumatic Stress Studies (ISTSS) will be held November 7–9, 2013, at the Philadelphia Marriott Downtown in Philadelphia, Pennsylvania, USA.

The ISTSS Annual Meeting is a place where professionals get to see old friends and colleagues, meet new ones and develop and strengthen collaborative relationships in order to move the field of traumatic stress forward. It provides a forum for the sharing of research, clinical strategies, public policy concerns and theoretical formulations of trauma. It is an international assembly of professionals and students representing an array of disciplines, including psychiatrists, psychologists, social workers, nurses, counselors, researchers, administrators, victim advocates, journalists, clergy and others with an interest in the study and treatment of traumatic stress.

The goal of this annual meeting, themed **"Resilience After Trauma: From Surviving to Thriving,"** is to synthesize and further refine contemporary understanding of resilience and its applications to policy, research, assessment, prevention and intervention in the field of traumatic stress. Significant progress has been made with regard to identifying environmental, psychosocial, biologic and personal history factors that play a role in the development and maintenance of traumatic stress disorders. Important gains in the field have also been made in development and evaluation of evidence-based treatments of traumatic stress disorders, and new efforts have begun to focus on secondary prevention.

The field now needs to move toward comprehensive examination of how resilience can inform and improve efforts to move past survival or recovery and toward a model of post-traumatic thriving. This year's meeting will embrace next steps of understanding the many potential trajectories of health following traumatic exposure, ranging from the development of persistent stress-related disorders to post-traumatic growth. Informed by presentations at this meeting, we look forward to a field that knows not only how to help those who have been exposed to trauma to survive but, better yet, to thrive.

### **Topics that would be of interest to the program theme, but are not limited to:**

- Developing and evaluating of programs aimed at fostering resilience
- Investigating biomarkers of risk and resilience
- Defining, assessing, and measuring resilience
- Research on factors related to risk and resilience
- Post-trauma prevention and intervention
- Policy implications of resilience
- Developmentally informative lifespan approaches
- Systems/network science approaches
- Multi-level investigations
- Translational research
- Cultural considerations

### **The established learning objectives of this meeting are to be able to:**

1. Describe various similarities and differences in definitions of resilience used in the field of traumatic stress.
2. Discuss innovations in research aimed at the identification of factors related to risk and resilience at the individual and population level.
3. Formulate ways to foster resilience at the individual and population level via therapeutic intervention, prevention and policy.

Ananda B. Amstadter, PhD, and Nicole R. Nugent, PhD  
*29th Annual Meeting Co-Chairs*

Karestan C. Koenen, PhD  
*ISTSS President*

## Submissions Accepted: February 1 – March 15, 2013, 5:00 p.m., CST

The ISTSS Annual Meeting is a unique opportunity to learn the latest in traumatic stress research, hear about clinical insights and innovations, earn continuing education credits and network with colleagues. The 2013 meeting in Philadelphia will be the year's largest gathering of professionals dedicated to trauma treatment, education, research and prevention. More than 100 symposia, workshops, panel discussions, cases and media presentations will be presented on a wide variety of topics related to traumatic stress.

### Full Accreditation Statement

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of Boston University School of Medicine and ISTSS. Boston University School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

This activity has been approved for *AMA PRA Category 1 Credits™*.

The meeting will also offer CE credits in psychology, counseling, social work marriage/family therapy, alcohol and drug counseling and nursing.

### Registration

Participation in the ISTSS 29th Annual Meeting is limited to registered attendees. Online registration will be available in July 2013. ISTSS members receive discounted registration. Join today at [www.istss.org](http://www.istss.org).

### Travel Grants

ISTSS' travel grant program assists eligible speakers from developing countries with expenses associated with the meeting. Visit [www.istss.org](http://www.istss.org) for details.

### Questions?

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[www.istss.org](http://www.istss.org)

### About ISTSS

ISTSS is an international interdisciplinary professional organization that promotes advancement and exchange of knowledge about traumatic stress.

This knowledge includes:

- Understanding the scope and consequences of traumatic exposure,
- Preventing traumatic events and ameliorating their consequences, and
- Advocating for the field of traumatic stress.

### Who Should Attend?

- Psychiatrists
- Psychologists
- Social workers
- Nurses
- Counselors
- Researchers
- Administrators
- Victim advocates
- Journalists
- Clergy



International Society  
for Traumatic Stress Studies  
**111 Deer Lake Road**  
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**Deerfield, IL 60015 USA**



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