

Life Stressor Checklist: References

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Life Stressor Checklist-Revised Scoring Options

This measure is valid using a number of different scoring methods. We have highlighted three scoring methods that we believe to be the most useful.

Option 1: One method of scoring the LSC-R is to simply give one point to each positively endorsed stressor (the numbered questions), count up the total, and assign an *overall Life Stressor score* to each participant. The scores range from 0-30.

Option 2: The second option is to score the LSC-R by assigning weights to the person's endorsed life stressors. This score, ranging from 0-150, reflects a person's subjective rating of how a life stressor affected the person's life in the past year. Each positively endorsed life stressor would be assigned points ranging from 1-5 according to the marked number in lettered question "e."

Option 3: This method identifies the person's number of positively endorsed life stressors that reflect the DSM-IV Posttraumatic Stress Disorder Criteria A for having experienced a traumatic event. Points are assigned *only* when a life stressor is positively endorsed as well as questions "c" and "d," reflecting the DSM-IV criteria for experiencing a traumatic life event. You will notice that options c and d are only available for selected questions as appropriate for DSM-IV criteria. Some researchers have found it useful to use this scoring option in conjunction with Option 1, where there is a score for high magnitude stressors (criteria A stressors) and low magnitude stressors (other significant stressful events).

Life Stressor Checklist Data Sharing Agreement

For purposes of maintaining the most up to date psychometric properties of the LSC-R, we are asking for a data sharing agreement from investigators using the instrument. Please fill out the attached questionnaire and return to:

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795 Willow Rd.
Menlo Park, CA 94025
phone: (650) 493-5000 ext. 23218
fax: (650) 617-2701

P.I. Name _____

Study Title _____

Institution: _____

Population Characteristics: (please circle all that apply)

Male	Veterans	Adult	Ethnic Minority
Female	Civilians	Adolescent	Treatment-Seeking

<u>Design Characteristics:</u>	YES	NO
Is the study cross-sectional?	<input type="checkbox"/>	<input type="checkbox"/>
Is the study longitudinal?	<input type="checkbox"/>	<input type="checkbox"/>
Will you administer the LSC-R on more than one occasion?	<input type="checkbox"/>	<input type="checkbox"/>
Will you assess PTSD?	<input type="checkbox"/>	<input type="checkbox"/>
Will you assess other psychopathology?	<input type="checkbox"/>	<input type="checkbox"/>
Did you translate the LSC into another language?	<input type="checkbox"/>	<input type="checkbox"/>

Please specify: _____

Please indicate your full contact information: mailing address phone fax and e-mail, even if you think we already have it: