Preliminary Program

November 14-16, 2019
Pre-Meeting Institutes, November 13
Boston Marriott Copley Place
Boston Massachusetts, USA
www.istss.org

Continuing Medical Education
Jointly Provided by Amedco and the International Society for Traumatic Stress Studies
We invite you to the 35th Annual Meeting of the International Society for Traumatic Stress Studies (ISTSS).

Although its roots extend back more than a century, the modern field of traumatic stress studies traces its origins to groundbreaking work with trauma survivors in the 1970s and 80s, and to the clinicians and researchers who founded ISTSS in 1985. This year’s meeting theme, “Trauma, Recovery, and Resilience: Charting a Course Forward,” alludes to a watershed moment in the field’s history: the 1992 publication of Judith Lewis Herman’s Trauma and Recovery, a book that not only opened the eyes of the public and professionals to the impact of trauma, but also provided hope and a crucial map for recovery to millions of survivors of traumatic stress.

In honoring the prescience and vision of key pioneers in the field, the ISTSS 35th Annual Meeting aims to link their insights to the brilliant contemporary work on trauma and recovery emerging globally. In doing so, we hope to chart a course for the next generation of traumatic stress clinicians, scientists, and scholars across nations, populations, and professions.

This year’s program is focused on advancing and connecting our understanding of trauma’s multiple dimensions (e.g. neurobiologic, epigenomic, symptomic, psychological, physiological/somatic, behavioral, interpersonal, societal, economic, cultural, and spiritual) to the therapeutic processes and relationships that promote recovery. In tandem, charting a course forward necessitates artful, nuanced bridging from science to practice and continuous outreach to trauma survivors who remain marginalized and underserved. The meeting’s programming confronts the many challenges related to reaching, serving, and empowering traumatized and vulnerable populations across the globe. The conference hopes to engage attendees from diverse professions, nations, and cultures in mutual learning and rededicating their lives and work to the shared quest of preventing trauma and promoting recovery from traumatic stress wherever there are unmet needs or emerging crises.

Founded in 1985, the International Society for Traumatic Stress Studies provides a forum for sharing research, clinical strategies, public policy concerns and theoretical formulations throughout the world through networking, education, training and publications. The Society is dedicated to developing knowledge and stimulating policy, program and service initiatives that seek to reduce traumatic stress and its immediate and long-term consequences. ISTSS has more than 1,900 members including mental health, social service, religious and legal professionals from 47 countries worldwide.

Why Attend the ISTSS 35th Annual Meeting?
Learn about cutting-edge research and new technology in the field of trauma.

- Meet the leaders in the field of trauma research.
- Delve into new practices and techniques.
- Connect with researchers and clinicians from around the world.
- Discuss the translation of basic research into clinical interventions.
- Build your network with extensive networking opportunities.
- Earn CE and CME credits.

Who Should Attend?
- Psychiatrists
- Psychologists
- Social workers
- Nurses
- Counselors
- Researchers
- Marriage and family therapists
- Administrators
- Victim advocates
- Journalists
- Clergy
- Public Health Professionals
- Policy Makers
- Epidemiologists
- Economists

Diverse Background of Attendees
- Government
- Law enforcement
- Law firms and legal aid organizations
- Military
- News organizations
- NGOs
- Nonprofit/private/public social service and health agencies
- Private clinical practice
- Religious institutions
- Research organizations
- Universities
ISTSS Exhibit and Support Opportunities

We invite you to participate in the ISTSS Annual Meeting as exhibitors and supporters. Gain valuable exposure for your products and services and bring new ideas and tools to the attendees of the meeting.

Exhibitors: Contact new prospects, gather leads, introduce your presence in the market and show your appreciation for your existing customers by exhibiting at the ISTSS Annual Meeting.

Supporters: Show your support for quality educational content at the ISTSS Annual Meeting or online continuing education program by providing sponsorship to ISTSS.

For more information, contact Amy Metzgar at +1-847-686-2290 or email ametzgar@istss.org.

ISTSS Supporters

SILVER SUPPORTER

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Schedule at a Glance (subject to change)

**Tuesday, November 12**
4:00 p.m. – 6:00 p.m.  Registration Desk Open

**Wednesday, November 13**
7:30 a.m. – 8:30 a.m.  Coffee and Tea Service
7:30 a.m. – 6:30 p.m.  Registration Desk Open
8:30 a.m. – Noon    Pre-Meeting Institutes
8:30 a.m. – 5:00 p.m.  Paper in a Day
Noon – 6:30 p.m.    Bookstore Open
1:30 p.m. – 5:00 p.m.  Pre-Meeting Institutes
6:30 p.m. – 8:00 p.m.  Opening Session

**Thursday, November 14**
7:00 a.m. – 8:00 a.m.  Coffee and Tea Service
7:00 a.m. – 9:30 a.m.  Poster Session 1 Set Up
7:00 a.m. – 6:00 p.m.  Registration Desk Open
7:00 a.m. – 6:00 p.m.  Exhibits Open
7:00 a.m. – 6:00 p.m.  Bookstore Open
8:00 a.m. – 9:20 a.m.  ISTSS Awards and Keynote Address
9:30 a.m. – 1:30 p.m.  Poster Viewing Session 1
9:45 a.m. – 11:00 a.m.  Concurrent Session 1
11:15 a.m. – 12:30 p.m.  Concurrent Session 2
12:30 p.m. – 1:30 p.m.  Lunch on your own
1:30 p.m. – 2:45 p.m.  Author Attended Poster Session 1
1:30 p.m. – 2:45 p.m.  SIG Meetings
2:45 p.m. – 3:00 p.m.  Poster Session 1 Dismantle
3:00 p.m. – 3:30 p.m.  Poster Session 2 Set Up
3:00 p.m. – 4:15 p.m.  Concurrent Session 3
3:30 p.m. – 5:45 p.m.  Poster Viewing Session 2
4:30 p.m. – 5:45 p.m.  Concurrent Session 4
5:45 p.m. – 7:00 p.m.  Author Attended Poster Session 2 (cash bar)
7:00 p.m.  Poster Session 2 Dismantle
7:00 p.m. – 8:30 p.m.  Welcome Reception
# Schedule at a Glance (subject to change)

**Friday, November 15**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event/Session</th>
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</thead>
<tbody>
<tr>
<td>7:00 a.m. – 7:45 a.m.</td>
<td>ISTSS Business Meeting</td>
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<tr>
<td>7:00 a.m. – 8:00 a.m.</td>
<td>Coffee and Tea Service</td>
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<tr>
<td>7:00 a.m. – 9:30 a.m.</td>
<td>Poster Session 3 Set Up</td>
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<tr>
<td>7:00 a.m. – 6:00 p.m.</td>
<td>Registration Desk Open</td>
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<tr>
<td>7:00 a.m. – 6:00 p.m.</td>
<td>Exhibits Open</td>
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<tr>
<td>7:00 a.m. – 6:00 p.m.</td>
<td>Bookstore Open</td>
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<tr>
<td>8:00 a.m. – 9:20 a.m.</td>
<td>ISTSS Awards and Keynote Address</td>
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<tr>
<td>9:30 a.m. – 1:30 p.m.</td>
<td>Poster Viewing Session 3</td>
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<tr>
<td>9:45 a.m. – 11:00 a.m.</td>
<td>Concurrent Session 5</td>
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<tr>
<td>11:15 a.m. – 12:30 p.m.</td>
<td>Concurrent Session 6</td>
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<tr>
<td>12:30 p.m. – 1:30 p.m.</td>
<td>Lunch on your own</td>
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<tr>
<td>12:30 p.m. – 2:00 p.m.</td>
<td>Student Lunch Meeting (Ticket required)</td>
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<tr>
<td>1:30 p.m. – 2:45 p.m.</td>
<td>Author Attended Poster Session 3</td>
</tr>
<tr>
<td>1:30 p.m. – 2:45 p.m.</td>
<td>SIG Meetings</td>
</tr>
<tr>
<td>2:15 p.m. – 4:15 p.m.</td>
<td>Internship, Post Doc and Graduate Programs Networking Fair</td>
</tr>
<tr>
<td>2:45 p.m. – 3:00 p.m.</td>
<td>Poster Session 3 Dismantle</td>
</tr>
<tr>
<td>3:00 p.m. – 3:30 p.m.</td>
<td>Poster Session 4 Set Up</td>
</tr>
<tr>
<td>3:00 p.m. – 4:15 p.m.</td>
<td>Concurrent Session 7</td>
</tr>
<tr>
<td>3:30 p.m. – 5:45 p.m.</td>
<td>Poster Viewing Session 4</td>
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<tr>
<td>4:30 p.m. – 5:45 p.m.</td>
<td>Concurrent Session 8</td>
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<tr>
<td>5:45 p.m. – 7:00 p.m.</td>
<td>Author Attended Poster Session 4 (cash bar)</td>
</tr>
<tr>
<td>7:00 p.m.</td>
<td>Poster Session 4 Dismantle</td>
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**Saturday, November 16**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event/Session</th>
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<tbody>
<tr>
<td>7:00 a.m. – 8:00 a.m.</td>
<td>Coffee and Tea Service</td>
</tr>
<tr>
<td>7:00 a.m. – 4:30 p.m.</td>
<td>Registration Desk Open</td>
</tr>
<tr>
<td>7:00 a.m. – 4:30 p.m.</td>
<td>Bookstore Open</td>
</tr>
<tr>
<td>8:00 a.m. – 9:20 a.m.</td>
<td>ISTSS Awards and Keynote Address</td>
</tr>
<tr>
<td>9:45 a.m. – 11:00 a.m.</td>
<td>Concurrent Session 9</td>
</tr>
<tr>
<td>11:15 a.m. – 12:30 p.m.</td>
<td>Concurrent Session 10</td>
</tr>
<tr>
<td>12:30 a.m. – 2:00 p.m.</td>
<td>Lunch on Your Own</td>
</tr>
<tr>
<td>2:00 p.m. – 3:15 p.m.</td>
<td>Concurrent Session 11</td>
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<tr>
<td>3:30 p.m. – 5:00 p.m.</td>
<td>Closing Plenary</td>
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<tr>
<td>5:00 p.m.</td>
<td>Meeting Adjourns</td>
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Keynote Speakers

Wednesday, November 13, 6:30 p.m. – 8:00 p.m.
Salon G, 4th Floor
Roseann Sdoia
Boston Marathon Bombing Survivor
Boston, Massachusetts, USA

Today, as a Boston Marathon Bombing Survivor and amputee, Roseann is making great strides in changing the lives of others. As one of the top motivational speakers and more recently a published author of Perfect Strangers, Roseann combines her powerful, personal story of perseverance with her professional corporate background and offers lessons learned throughout her challenging comeback journey as insightful, motivational tools that everyone can use to discover their own unstoppable strength. Roseann’s mantra that “life is only as positive as you make it,” serves as the foundation for redefining one’s own mindset in achieving every personal and professional goal, and ultimately living a happier, richer and more fulfilling life.

Thursday, November 14, 8:20 a.m. – 9:20 a.m.
Salon E/F, 4th Floor
Truth and Reconciliation: Envisioning Justice from the Victim’s Perspective

Judith Lewis Herman, MD, is Professor of Psychiatry (part time) at Harvard Medical School. For thirty years, until she retired, she was Director of Training at the Victims of Violence Program at The Cambridge Hospital in Cambridge, Massachusetts. Dr. Herman received her medical degree at Harvard Medical School and her training in general and community psychiatry at Boston University Medical Center. She is the author of two award-winning books: Father-Daughter Incest (Harvard University Press, 1981) and Trauma and Recovery (Basic Books, 1992). She has lectured widely on the subject of sexual and domestic violence. She is the recipient of numerous awards, including the 1996 Lifetime Achievement Award from the International Society for Traumatic Stress Studies and the 2000 Woman in Science Award from the American Medical Women’s Association. In 2007 she was named a Distinguished Life Fellow of the American Psychiatric Association.
Keynote Speakers (continued)

Friday, November 15, 8:20 a.m. – 9:20 a.m.
Salon E/F, 4th Floor
Better Together: Examples from Cognitive Processing Therapy of the Interaction Between Clinical Practice and Research

After earning her doctorate from the University of Georgia, Dr. Resick served as an Assistant and Associate Professor at the University of South Dakota and Associate to Full Professor at the University of Missouri-St. Louis, where she was awarded an endowed professorship, Curator’s Professor, in 2000. During that time she developed and was Director of the Center for Trauma Recovery. In 2003, Dr. Resick became Director of the Women’s Health Sciences Division of the National Center for PTSD, VA Boston Healthcare System and Professor of Psychiatry at Boston University. In 2013, she joined Duke University. Dr. Resick’s specialty is in understanding and treating the effects of traumatic events, particularly posttraumatic stress disorder (PTSD). She developed Cognitive Processing Therapy (CPT) for PTSD, and is currently working on multiple clinical trials. Dr. Resick’s research has been continuously funded for 40 years; she has published more than 300 articles and chapters and 9 books. She has served as President of both the International Society for Traumatic Stress Studies (ISTSS) and Association for Behavioral and Cognitive Therapies (ABCT.) She has won research and mentoring awards from ISTSS and ABCT as well as the lifetime achievement award from the Trauma Division (56) of APA.

Saturday, November 16, 8:20 a.m. – 9:20 a.m.
Salon E/F, 4th Floor
Addressing the Effects of Trauma in Children, Youth and Families Facing Adversity Globally

Theresa S. Betancourt is the inaugural Salem Professor in Global Practice at the Boston College School of Social Work and Director of the Research Program on Children and Adversity (RPCA). She is Principal Investigator of an intergenerational, longitudinal study of war-affected youth in Sierra Leone (LSWAY). Dr. Betancourt has also developed and evaluated the impact of a Family Strengthening Intervention for HIV-affected children and families and is leading the investigation of a home-visiting early childhood development (ECD) intervention to promote enriched parent-child relationships and prevent violence that can be integrated within poverty reduction/social protection initiatives in Rwanda. In the US, she is engaged in community-based participatory research on family-based prevention of emotional and behavioral problems in refugee children and adolescents resettled in the U.S. through the collaborative development and evaluation of parenting programs led by refugees for refugees that can be linked to prevention services involving refugee community health workers.
Invited Speakers

Saturday, November 16, 2:00 p.m. – 3:15 p.m.
Navigating the Intersection of PTSD and Clinically Significant Pain:
Reflections on the Past, Present, and Future

Gordon J. G. Asmundson, PhD, is a Registered Doctoral Psychologist and Full Professor of Psychology at the University of Regina. He received his doctorate in Psychology from the University of Manitoba in 1991, completed postdoctoral training from 1991-1993, and in 2005-2006 trained as a Beck Scholar at the Beck Institute for Cognitive Therapy and Research. He is Editor-in-Chief of the Journal of Anxiety Disorders, Development Editor of Clinical Psychology Review and serves on the editorial boards for nine other journals. His research and clinical interests are in assessment and basic mechanisms of fear; anxiety and related disorders, chronic pain and the association of these with each other; maladaptive coping; and disability. His pioneering work on fear and avoidance in chronic pain and his shared vulnerability model of co-occurring PTSD and chronic pain have led to significant advances in understanding and treating these prevalent, disabling and costly conditions. Dr. Asmundson has published 325 peer-reviewed journal articles, 70 book chapters and eight books. He is a Fellow of the Royal Society of Canada (2009) and has received the Canadian Psychological Association (CPA) Donald O. Hebb Award for Outstanding Contributions to the Science of Psychology (2014), the CPA Traumatic Stress Section Award for Excellence in Psychology of Traumatic Stress (2018) and the Canadian Pain Society Distinguished Career Award (2018) as well as a number of early career awards.

Thursday, November 14, 4:30 p.m. - 5:45 p.m.
Is Childhood Trauma Decreasing, and If So, Can We Take any Credit?

David Finkelhor is Director of Crimes against Children Research Center, Professor of Sociology and University Professor at the University of New Hampshire. His core areas of interest have been in child maltreatment and family violence, dating back to 1977. He is perhaps best known for his conceptual and empirical work on the problem of child sexual abuse, including prevalence surveys, his Four Pre-conditions Model of Sexual Abuse, and his Four Traumagenic Dynamics Model of sexual abuse trauma. He also helped develop the concept of “poly-victimization.” In addition, he has done extensive research about child homicide, missing and abducted children, bullying and internet victimization. In his recent work, for example his book Child Victimization (Oxford University Press, 2008), he has tried to unify and integrate knowledge about all the diverse forms of child victimization in a field he has termed Developmental Victimology. This book received the Daniel Schneider Child Welfare Book of the Year award in 2009. He has also written extensively about trends in child maltreatment. Altogether he is editor and author of 12 books and more than 200 journal articles and book chapters. He has received grants from the National Institute of Mental Health, the National Center on Child Abuse and Neglect, the U.S. Department of Justice and a variety of other sources. His research and clinical interests are in assessment and basic mechanisms of fear; anxiety and related disorders, chronic pain and the association of these with each other; maladaptive coping; and disability.
Invited Speakers (continued)

Friday, November 15, 3:00 p.m. – 4:15 p.m.
The Neglected Belligerent Sibling in the Affect Family: Advances in the Understanding, Assessment and Treatment of Trauma-Related Anger

David Forbes is the Director of Phoenix Australia – Centre for Posttraumatic Mental Health and Professor in the Department of Psychiatry at the University of Melbourne. He has more than 25 years of experience in the assessment and treatment of mental health problems in trauma survivors, with a speciality in anger and military and veteran mental health. He led the development of the inaugural 2007 Australian Guidelines for the Treatment of Posttraumatic Stress Disorder (PTSD) and the revision published in 2013. David was also Vice Chair of International Society for Traumatic Stress Studies Committee for the development of the new PTSD Guidelines. He has a strong track record in the conduct of research in the assessment and treatment of trauma-related mental health, with a particular focus on the measurement of anger, its treatment and its role in moderating the effects of PTSD treatment. He provides policy and service development advice to government and agencies responsible for the care of veteran and military personnel and trauma survivors across Australia. He has published more than 150 scientific papers in the international literature in the area of anger and traumatic stress and sits on many Australian government policy and scientific advisory panels and academic journal editorial boards.

Thursday, November 14, 3:00 p.m. – 4:15 p.m.
How Traumatic Stress and Addiction Have Been Together Understood: Charting a Course Forward in Unifying their Research and Treatment

Denise Hien, PhD, ABPP, is the Director of the Center of Alcohol and Substance Use Studies and Professor in the Graduate School of Applied and Professional Psychology (GSAPP) at Rutgers University-New Brunswick. She also maintains longstanding adjunct appointments as Senior Research Scientist at the Columbia University College of Physicians and Surgeons Division on Substance Use Disorders and Adjunct Professor at the Graduate Center at the City University of New York. She and her group have conducted programmatic research on women’s mental health and addictions, with continuous funding from the National Institute on Drug Abuse and National Institute on Alcoholism and Alcohol Abuse (20 grants total: 7 R01, 1R25, 1 multi-site) for more than 20 years. Considered a leader in the field, her body of work has contributed to the evidence base on the treatment of individuals with trauma-related psychiatric disorders and their comorbidity with addictions through single- and multi-site clinical trials across the United States in community-based substance abuse treatment settings. She also currently leads a NIDA R25 training grant for translational addiction research for racial/ethnic minority BS/MD, MA and PhD candidates in the biomedical and social sciences. She is board-certified in clinical psychology and has served as a standing member of NIDA’s NIH Institutional Review Groups and a health disparities advisory group to the Director on Asian/Pacific Islander issues.
Invited Speakers (continued)

Thursday, November 14, 9:45 a.m. – 11:00 a.m.
Resilience in Perilous Times: Pathways to the Future

Ann S. Masten, PhD, LP, is a Regents Professor and the Irving B. Harris Professor of Child Development in the Institute of Child Development at the University of Minnesota. She completed her doctoral training at the University of Minnesota in clinical psychology with an internship at UCLA. In 1986, she joined the faculty in the Institute of Child Development at the University of Minnesota, serving as chair of this department from 1999 to 2005. Professor Masten’s research focuses on understanding processes that promote competence and prevent problems in human development, with a focus on resilience in the context of high cumulative risk, adversity and trauma. She directs the Project Competence Research on Risk and Resilience, including studies of normative populations and high-risk young people exposed to war, natural disasters, poverty, homelessness, migration and related adversities. This work includes assessments of risk, stress, adversity, competence, life success, well-being and potential promotive/protective influences involved in resilience. Dr. Masten has authored more than 200 publications, including the 2014 book, Ordinary Magic: Resilience in Children, published by Guilford Press. She recently co-chaired the Forum on Investing in Young Children Globally for the U.S. National Academies, while also serving on their Board on Children, Youth, and Families. She has served as President of the Society for Research in Child Development and President of Division 7 (Developmental) of the American Psychological Association (APA). In 2014, she received the Bronfenbrenner Award for Lifetime Contributions to Developmental Psychology in the Service of Science and Society from APA. Dr. Masten regularly teaches a MOOC through Coursera on “Resilience in Children Exposed to Trauma, Disaster and War: Global Perspectives.”
Invited Sessions

Thursday, November 14, 11:15 a.m. – 12:30 p.m.
Salon E/F, 4th Floor
Invited Panel

Implementation of the ISTSS PTSD Guidelines
Recommendations for Adults in Everyday Settings:
Choosing and Using the Best Treatment
Chair: Ananda Amstadter
Panelists: David Forbes, Jonathan Bisson, Marylene Cloitre, Meaghan O’Donnell, David Riggs

Thursday, November 14, 3:00 p.m. – 4:15 p.m.
Salon E/F, 4th Floor
Invited Panel

Implementation of the ISTSS PTSD Guidelines
Recommendations for Children and Adolescents in
Everyday Settings: Choosing and Using the Best Treatment
Chair: Julian Ford
Panelists: Lucy Berliner, Tine Jensen, Nancy Kassam-Adams

Friday, November 15, 4:30 p.m. – 5:45 p.m.
Salon E/F, 4th Floor
Invited Panel

State of the Art in Resilience Research: Interdisciplinary
Perspectives and Recommendations for Best Practices
Chair: Karestan Koenen
Panelists: Christy A. Denckla, Dante Cicchetti, Laura D. Kuzbonsky, Soraya Seedat, Martin Teicher, David Williams

Friday, November 15, 9:45 a.m. – 11:00 a.m.
Salon E/F, 4th Floor
Invited Panel

Developmental Adversity as a Biological Variable:
Considering A Path Forward – Part One
Co-Chairs: Kerry J. Ressler & Susan L. Miller
Ronald C. Kessler, Bruce S. McEwen, Martin H. Teicher, Elisabeth Binder, Charles B. Nemeroff

Friday, November 15, 11:15 a.m. – 12:30 p.m.
Salon E/F, 4th Floor
Invited Panel

Developmental Adversity as a Biological Variable:
Considering a Path Forward – Part Two
Co-Chairs: Kerry J. Ressler & Susan L. Miller
Ronald C. Kessler, Bruce S. McEwen, Martin H. Teicher, Elisabeth Binder, Charles B. Nemeroff

Saturday, November 16, 9:45 a.m. – 11:00 a.m.
Salon E/F, 4th Floor
Invited Panel

The Changing Face of Political Violence in Europe:
Identifying and Responding to New Challenges
Chair: Jana Javakhishvili
Panelists: Cherie Armour, Gavin Rees, Trudy Mooren

Saturday, November 16, 11:15 a.m. – 12:30 p.m.
Salon G, 4th Floor
Invited Symposium

Risk, Resilience, and Recovery in the Wake of Mass Casualty Incidents: Learning from the Past and Moving toward the Future
Chair: Dean Kilpatrick
Presenters: Dean Kilpatrick, Ron Acierno, Rosaura Orengo-Aguayo, Connie Best
General Information and Meeting Highlights

ISTSS New Attendee Orientation  
Thursday, November 14, 9:45 a.m. – 11:00 a.m.  
Salon A/B, 4th Floor  
After the Thursday morning keynote, new attendees will have an opportunity to learn more about the activities of ISTSS and how the meeting works.

ISTSS Welcome Reception  
Thursday, November 14, 7:00 p.m.– 8:30 p.m.  
Salon E/F, 4th Floor  
Please join us for an opportunity to welcome attendees to the ISTSS 35th Annual Meeting. This will be a great opportunity to meet and network with other attendees. Enjoy getting together with old friends and colleagues and meeting new ones while hors d’oeuvres are served alongside a cash bar.

ISTSS Business Meeting  
Friday, November 15, 7:00 a.m. – 7:45 a.m.  
Salon A/B, 4th Floor  
All meeting participants are encouraged to attend the Annual Business Meeting on Friday morning. This is your opportunity to learn about the Society, ask questions and make suggestions for improving ISTSS.

Non CE/CME Special Session  
Clarifying and Exploring the NIMH Grant Process: An Informal Discussion  
Thursday, November 14, 1:00 p.m. – 2:30 p.m.  
Salon G, 4th Floor  
National Institutes of Health (NIH) research funding is a competitive process. Prospective investigators are likely to benefit by being aware of the National Institute of Mental Health (NIMH) strategic plan and research priorities, familiarizing themselves with the procedures for successful grant submission and review, and staying informed of the latest developments and notices regarding the submission process. This session is designed to allow discussion of current funding interests for traumatic stress research at NIMH as well as provide information to help investigators navigate changes that have taken place in the past few years in how NIH receives, reviews, and funds grant applications, including clinical trials. This discussion with NIMH staff promises to explain effective techniques for transforming research questions into competitive applications and for presenting ideas to reviewers and the Institute. Special focus will be placed on reviewing NIMH interests in developmental, translational, and global traumatic stress research and the mechanisms available to fund such work. Finally, through a Q&A session, NIMH program members will provide more specific information and discussion on the development, submission, and review of applications with the goal of a NIMH funded grant.

Presenters/organizers:  
Susan Borja, Ph.D. NIMH  
Farris Tuma, Sc.D. NIMH  

ISTSS Awards  
The ISTSS Awards will be presented during the morning Keynote Plenary Sessions.  
Thursday, November 14:  
• Frank W. Putnam Trauma Research Scholars  
• Robert S. Laufer Award for Outstanding Scientific Achievement  
Friday, November 15:  
• Chaim and Bela Danieli Young Professional Award  
• Sarah Haley Memorial Award for Clinical Excellence  
• Lifetime Achievement Award  
Saturday, November 16:  
• Dart Awards for Excellence in Coverage of Trauma  
• Award for Outstanding Service to ISTSS  
• Student Poster Awards

Four Poster Sessions  
Gloucester, 3rd Floor  
We will have four poster sessions within the overall conference program.  
• Poster Session One, Thursday, November 14, 1:30 p.m. – 2:45 p.m.  
• Poster Session Two, Thursday, November 14, 5:45 p.m. – 7:00 p.m.  
• Poster Session Three, Friday, November 15, 1:30 p.m. – 2:45 p.m.  
• Poster Session Four, Friday, November 15, 5:45 p.m. – 7:00 p.m.
Student Events

Student Lunch Meeting (ticket required)
Friday, November 15, 12:30 p.m. – 2:00 p.m.
Salon G, 4th Floor
Lunch with ISTSS leadership includes presentation of the Student Awards
Registration required

Internship, Post Doc & Graduate Programs Networking Fair
Friday, November 15, 2:15 p.m. – 4:15 p.m.
Salon G, 4th Floor
Look for the next step in your career. A great networking opportunity.
Registration

Participation in the ISTSS 35th Annual Meeting is limited to registered participants. Register now at the early discounted rate.

Register online at [https://www.istss.org/am19/home.aspx](https://www.istss.org/am19/home.aspx).

Full Registration includes:
- Admission to all program sessions (excluding Pre-Meeting Institutes, which require an additional fee).
- Thursday Welcome Reception
- Admission to poster sessions
- Special Interest Group (SIG) Meetings
- Wednesday Keynote (November 13)
- Morning coffee and tea
- Final Program and access to online itinerary builder and meeting app

Pre-Meeting Institute Registration Policies
To register for the Pre-Meeting Institutes (PMI) being held on Wednesday, November 13, indicate which session(s) you wish to attend when you register. Sessions will be filled on a first come, first serve basis. ISTSS Headquarters will notify you if a session you have chosen has already sold out. PMI session tickets will be distributed in individual registration packets at the meeting. Only those holding tickets for the PMI sessions will be admitted.

PMI Abstracts pages 22 – 35.

Student Registration
Students and postdoctoral candidates may volunteer to assist at the ISTSS Annual Meeting and receive either a $40 USD discount on full student registration fee or the sliding scale rate (whichever is lower).

Download the Student Volunteer Forms for discounted registration and additional information. Verification of student/postdoctoral status with a valid student ID is required at the time of registration.

Registration Confirmation
We encourage you to register online. Attendees will receive an email confirmation/receipt within 24 hours of registering online. Allow up to five business days if registering by mail or fax. If an email address is not provided, registrants will receive confirmation in the mail within 14 business days.

Sliding Scale Discounted Registration
ISTSS offers sliding scale registration fees for attendees residing in many countries outside the U.S., Canada, Western Europe, Australia and New Zealand. View the sliding scale fee details.

Payment/Invoice
Registrations must include payment by credit card, check (drawn on U.S. funds from a U.S. bank) or bank transfer of funds in USD only. Wire Transfers within North America will incur a $30 USD fee and wire transfers outside of North America will incur a $45 USD fee. We cannot accept registrations by telephone and will not accept registrations without full payment. If you require a paper registration form to pay via check, please contact ISTSS Headquarters.

Pre-Registration List
A list of all pre-registered attendees will be provided to exhibitors. If you do not want your information included on the list, please check the “Do not post my name to the preregistration list” box during registration.

Cancellation and Change Policy
Notification of cancellation must be submitted in writing. Cancellations received on or before October 25, 2019, will be refunded, minus a $75 USD cancellation fee. Cancellations will be honored, but money will not be refunded after October 25, 2019. Substitutions are allowed at any time, but must be submitted in writing and must be of the same member status.

ADA Statement
ADA accommodations will be made in accordance with the law. If you require ADA accommodations, please indicate what your needs are at the time of registration. We cannot ensure the availability of appropriate accommodations without prior notification.
Hotel & Travel

Hotel Information
Boston Marriott Copley Place
110 Huntington Avenue
Boston, MA 02116 USA
Toll Free Reservations: +1-888-236-2427
General Guest Phone: +1-617-236-5800
ISTSS has negotiated a special rate of $239 per night, single or double occupancy. Rooms and rates are based on availability and subject to state and local fees/taxes. Be sure to make reservations by Monday, October 21, 2019; afterward, the discounted room rates may not apply.

Make your reservation today! Click here to make your reservation online. To make your reservation by phone, call the Boston Marriott Copley Place reservation line at +1-877-901-2079, 24 hours a day, seven days a week and inform them you are attending the ISTSS Meeting.

All reservations require a first night room deposit, or guests can guarantee reservations with a major credit card. Your credit card will not be charged prior to arrival. Make any necessary cancellations at least 48 hours before the scheduled date of arrival to avoid a cancellation charge. Hotel check-in time is 4 p.m. and check-out is 12 p.m.

Parking
On-site parking is available at the Boston Marriott Copley Place for $47. Valet parking is also available at a rate of $53 daily.

Airport Transportation Information
Boston Logan International Airport (BOS) is 9.7 miles from the Boston Marriott Copley Place. The estimated taxi fare from BOS to the hotel is $40 (one way) or you can take the subway for $2.50 (one way).

Additional transportation options can be found on the airport’s website.

Air Travel
Delta Air Lines is offering special discounted* airfares for ISTSS 2019 attendees traveling between the US to Boston, MA.

Discounts vary, depending on the class of ticket purchased, up to 10% off the fare.

*Please note the following:
• Not all fare codes are eligible for a discount; fare rules determine eligibility.
• Discounts vary, depending on the class of ticket purchased, and apply to round trip travel only.
• Not valid with any other discounts, certificates, coupons or promotional offers.
• Name changes on the ticket are permitted at $200 USD/$200 CAD on select fares.

To take advantage of these Travel Discounts for flights to and from Boston, MA:
• Visit the www.delta.com website and click the Advanced Search link
• Complete the required fields, and enter meeting code “NMSE9”

You may also call Delta Meeting Network® Reservations at +1-800-328-1111
(please use the same phone number to make changes to an existing Delta Meetings Network reservation.)

On the Search Results page, verify the discount is applied.
(Reminder: not all fare codes are eligible.)

Weather and Meeting Attire
Boston has an average high temperature of 52° F (11°C) in November, with an average low temperature of 38° F (3° C). Attire for the conference is business casual. Because meeting room temperatures sometimes fluctuate, attendees may wish to bring a sweater or jacket.

Foreign Visas
Visa requirements vary based on national origin, current residence, previous travel and passport eligibility.
• The U.S. Department of State is the most trusted source for up-to-date information on visa and passport issues.
• The Visa Waiver Program (VWP) enables most citizens or nationals of participating countries to travel to the United States for tourism or business for stays of 90 days or less without first obtaining a visa, when they meet certain requirements.
• The Visa Wizard is a tool to help travelers understand what type of visa they may need.

We recommend that you apply for a visa as soon as possible. You will need to complete an application and provide a photograph. You may require an interview. Contact the U.S. Embassy or consulate in your country for specific application procedures and estimated wait times for interview appointments.
Educational Need

The ISTSS Annual Meeting provides a forum for sharing research, clinical strategies, public policy concerns and theoretical formulations on trauma. It is an international assembly of professionals and students representing an array of disciplines including psychiatrists, psychologists, social workers, nurses, counselors, researchers, administrators, victim advocates, journalists, clergy and others with an interest in the study and treatment of traumatic stress. Speakers are strongly requested to avoid unnecessary jargon and to make their work and its implication to the traumatic stress field as accessible as possible to those who do not share their particular perspective and type of scientific approach. This is designed to facilitate increased understanding of what different types of researchers (e.g., basic scientists, clinical researchers) focusing on different types of traumatic stressors (e.g., child maltreatment, disasters, terrorism, war) using different research methods and perspectives (e.g., epidemiology, genetics, psychosocial, psychobiological) have found as well as what the implications of their work are for the traumatic stress field. Our aspirational goal is to establish a jargon-free zone in which experts maximize communication of their work, findings and implications in a way that facilitates understanding and cross-fertilization among researchers, clinicians and policy makers from other perspectives.

Learning Objectives

1. Review and identify updates to prominent and emergent traumatic stress theories and methodologies, and their applications to the diversity of trauma-impacted populations.
2. Discuss advances in research and practice in the traumatic stress field which consider multiple dimensions, from neurobiology to phenomenology.
3. Identify cross-disciplinary solutions to dissemination and implementation challenges facing traumatic stress researchers and practitioners.

Satisfactory completion

Participants must complete an evaluation form to receive a certificate of completion. Your chosen sessions must be attended in their entirety. Partial credit of individual sessions is not available.

NOTE: If you are seeking continuing education credit for a specialty not listed below, it is your responsibility to contact your licensing/certification board to determine course eligibility for your licensing/certification requirement.
Accreditation Statement

Physicians and Nurses

In support of improving patient care, this activity has been planned and implemented by Amedco LLC and International Society for Traumatic Stress Studies (ISTSS). Amedco LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. Credit Designation Statement – Amedco LLC designates this live activity for a maximum of 31.25 AMA PRA Category 1 Credits™ for physicians and 31.25 contact hours for nurses. Learners should claim only the credit commensurate with the extent of their participation in the activity.

Psychologists

This course is co-sponsored by Amedco and the International Society for Traumatic Stress Studies (ISTSS). Amedco is approved by the American Psychological Association to sponsor continuing education for psychologists. Amedco maintains responsibility for this program and its content.

Social Workers

As a Jointly Accredited Organization, Amedco is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Amedco maintains responsibility for this course. Social workers completing this course receive 26.25 clinical continuing education credits.

The following state boards accept courses from ASWB providers for Social Workers: AK, AL, AR, AZ, CA, CO, CT, DC, DE, FL, GA, ID, IL, IN, IA, KS, KY, LA, ME, MD, MA, MI, MN, MS, MO, NC, ND, NE, NH, NM, NV, OH, OK, OR, PA, RI, SC, SD, TN, TX, UT, VT, VA, WA, WI, WV, WY

The following state boards accept courses from ASWB providers for Counselors: AK, AR, AZ, CA, CO, CT, DC, FL, GA, IA, ID, IL, IN, KS, MA, MD, ME, MO, ND, NE, NM, NH, NV, OK, PA, TN, TX, UT, VA, WI, WY

AL / Counselors: Activities not providing NBCC approval may be approved by the Board for individual licensees upon receipt of acceptable documentation prior to the activity. Please send course details to your licensing board for approval BEFORE the event. No approvals afterward by the board.

The following state boards accept courses from ASWB providers for MFTs: AK, AR, AZ, CA, CO, FL, IA, ID, IN, KS, MD, ME, MO, NC, NE, NH, NM, NV, OK, PA, RI, TN, TX, UT, VA, WI, WY

MA / MFTs: Participants can self-submit courses not approved by the MAMFT board for review.

The following state boards accept courses from ASWB providers for Addictions Professionals: AK, CA, CO, CT, GA, IA, IN, KS, LA, MO, MT, ND, NM, NV, OK, OR, SC, WA, WI, WV, WY

New York Board for Social Workers

Amedco SW CPE is recognized by the New York State Education Department’s State Board for Social Work as an approved provider of continuing education for licensed social workers #0115.

New York Board for Mental Health Counselors

Amedco is recognized by the New York State Education Department’s State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0061. 26.25 hours.

New York Board for Marriage & Family Therapists

Amedco is recognized by the New York State Education Department’s State Board for Mental Health Practitioners as an approved provider of continuing education for licensed marriage and family therapists. #MFT-0032. 26.25 hours.

Florida Board of Behavioral Sciences

Amedco is approved by the Board of Clinical Social Work, Marriage & Family Therapy, and Mental Health Counseling. Provider BAP#39-Exp.3-31-2021. 26.25 GENERAL Hours

California Nurses Board

Amedco is approved by the CA Board of Registered Nursing, Provider #CEP13683, for 26.25 contact hours.
Accreditation Statement (continued)

Ohio Chemical Dependency Board
This conference will be submitted to the OH Chemical Dependency board for review.

Ohio Counselor, Social Work & Marriage and Family Therapist Board
This conference will be submitted to the OH Counselor, Social Work & MFT board for review.

Commercial Support
No commercial support was received for this event.

Grievances
If you would like to file a grievance, complaints or have questions, please contact Michael Hagedorn, mhagedorn@istss.org
### ISTSS Special Interest Groups

Special Interest Groups (SIGs) provide members with a forum for communication and interaction about specific topics related to traumatic stress. They provide a means of personal and professional involvement in the activities of the society. All meeting participants are welcome to attend SIG meetings.

#### Thursday, November 14, 1:30 p.m. – 2:30 p.m.

<table>
<thead>
<tr>
<th>SIG</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aging, Trauma and the Life Course SIG</td>
<td>Provincetown, 4th Floor</td>
</tr>
<tr>
<td>Early Intervention SIG</td>
<td>Arlington, 3rd Floor</td>
</tr>
<tr>
<td>Gender and Trauma SIG</td>
<td>Salon C/D, 4th Floor</td>
</tr>
<tr>
<td>Intergenerational Transmission of Trauma and Resilience SIG</td>
<td>Fairfield, 3rd Floor</td>
</tr>
<tr>
<td>Lesbian, Gay, Bisexual and Transgender (LGBT) SIG</td>
<td>Salon J/K, 4th Floor</td>
</tr>
<tr>
<td>Military SIG</td>
<td>Suffolk, 3rd Floor</td>
</tr>
<tr>
<td>Sleep and Trauma SIG</td>
<td>Dartmouth/Exeter, 3rd Floor</td>
</tr>
<tr>
<td>Trauma and Substance Use Disorders SIG</td>
<td>Salon A/B, 4th Floor</td>
</tr>
<tr>
<td>Trauma Assessment and Diagnosis SIG</td>
<td>Salon H/I, 4th Floor</td>
</tr>
<tr>
<td>Trauma, Health and Primary Care SIG</td>
<td>Berkeley/Clarenden, 3rd Floor</td>
</tr>
</tbody>
</table>

#### Friday, November 15, 1:30 p.m. – 2:30 p.m.

<table>
<thead>
<tr>
<th>SIG</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Child Trauma SIG</td>
<td>Salon J/K, 4th Floor</td>
</tr>
<tr>
<td>Complex Trauma SIG</td>
<td>Provincetown, 4th Floor</td>
</tr>
<tr>
<td>Lifestyle Interventions for Traumatic Stress (LIFTS) SIG</td>
<td>Arlington 3rd Floor</td>
</tr>
<tr>
<td>Moral Injury SIG</td>
<td>Salon A/B, 4th Floor</td>
</tr>
<tr>
<td>Terrorism and Bioterrorism Related Trauma SIG</td>
<td>Salon C/D, 4th Floor</td>
</tr>
<tr>
<td>Theory and Traumatic Stress Studies SIG</td>
<td>Salon H/I, 4th Floor</td>
</tr>
</tbody>
</table>

#### Saturday, November 16, 12:45 p.m. – 1:45 p.m.

<table>
<thead>
<tr>
<th>SIG</th>
<th>Location</th>
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<tbody>
<tr>
<td>Diversity and Cultural Competence SIG</td>
<td>Salon H/I, 4th Floor</td>
</tr>
<tr>
<td>Family Systems SIG</td>
<td>Salon C/D, 4th Floor</td>
</tr>
<tr>
<td>Psychodynamic Research and Practice SIG</td>
<td>Salon A/B, 4th Floor</td>
</tr>
<tr>
<td>Traumatic Loss and Grief SIG</td>
<td>Salon J/K, 4th Floor</td>
</tr>
</tbody>
</table>
Paper in a Day

Wednesday, November 13
8:30 a.m. – 5:00 p.m. – Plus Pre- and Post-Meeting Assignments

Paper in a Day (PiaD) is an increasingly popular pre-conference event that focuses on fostering international collaborations between early career investigators. PiaD is designed to stimulate international connections and the exchange of ideas by working on a tangible outcome: a manuscript or commentary for a peer-reviewed journal. This will be an intensive, productive and enjoyable day. Previous editions have led to conference contributions, journal articles, and lasting contacts (see the recent article in StressPoints for more information). Because PiaD will take place prior to the ISTSS annual meeting, participants will have the opportunity to continue dialogue with colleagues during the conference.

Program
After registration, participants will be assigned to a writing team based on their research interests and expertise outlined in their application. Two weeks prior to the workshop, participants will individually prepare (e.g. read relevant articles, outline sections of the paper). The workshop will include plenary discussions about the topic and the drafted texts, and collaborative writing time in subgroups. There will be a new mentorship component to the PiaD experience this year in which leaders in the fields of traumatic stress will provide input and guidance throughout the PiaD process. Following the workshop, the draft will be finalized for submission.

Commitment
In order to make the event a success, we ask participants to commit to:

a) Prepare in advance of the meeting - dedicate eight hours prior to the workshop.

b) Be present for the entire workshop.

c) Contribute to the final editing and referencing following the workshop.

How to participate
This event is aimed at early career investigators who have obtained their PhD after November 2014 or who are in the final stages of submission. If you would like to participate, register through the ISTSS website. After registration, please send an email to Noelle Smith, Noelle.bassi@gmail.com, by October 1, 2019 with the following information:

1) A short CV listing your publications and main research interests to inform our choice of topics. Please also let us know if you have an idea for/access to data to complete a relatively contained empirical paper, meta-analysis/review, or commentary on a recent article.

2) A statement that you commit to the required preparation, attendance and follow-up activities as described.

The registration fee for this session is $25 and lunch will be provided on the day of the event.
Full Day PMI

Pre-Meeting Institute (PMI)
Wednesday, November 13, 8:30 a.m. – 5:00 p.m.
Salon A/B

PMI #1

Cognitive-Behavioral Conjoint Therapy for PTSD: An Update on the Evidence and Techniques for Delivery

Primary Keyword: Clinical/Intervention Research
Secondary Keyword: Family Relationship Processes/Interventions
Population Type: Adult
Presentation Level: Introductory
Region: Industrialized Countries

Monson, Candice, PhD, Cpsych 1; Fredman, Steffany, PhD 2
1Ryerson University, Department of Psychology, Ryerson University, Toronto, Ontario, Canada
2Pennsylvania State University, The Pennsylvania State University, 119 Health and Human Development, University Park, Pennsylvania, USA

Cognitive-Behavioral Conjoint Therapy for PTSD (CBCT; Monson & Fredman, 2012) is a manualized psychotherapy delivered in a conjoint format with the simultaneous goals of improving PTSD and enhancing relationships. CBCT has been tested in five uncontrolled and four controlled trials documenting effect sizes for PTSD on par or better than first-line individual treatments, with the added benefit of enhanced relationship satisfaction. Follow-up tests of broader outcomes (e.g., comorbid conditions, partner well-being, parenting efficacy/satisfaction) and moderators and mediators of treatment effects have also been published. In this PMI, we will provide a review of the state of evidence on CBCT, as well as an overview of the three phases of the 15-session treatment protocol. We will discuss recent innovations in CBCT, including the addition of parenting strategies, an abbreviated and accelerated version delivered in a 2-day retreat format, the use of MDMA to facilitate outcomes in treatment-resistant cases, video delivery into the home, and a guided, e-health adaptation delivered direct to consumers. Case examples and video demonstrations of key interventions will be used to facilitate learning.
Full Day PMI (continued)

Pre-Meeting Institute (PMI)
Wednesday, November 13, 8:30 a.m. – 5:00 p.m.
Salon C/D

PMI #2
Helping Children and Families at Highest Risk:
Trauma Systems Therapy to Establish and Maintain Safety

Primary Keyword: Clinical Practice
Secondary Keyword: Child Physical Abuse/Maltreatment; Chronic/Repeated Trauma; Community-Based Programs
Population Type: Child/Adolescent
Presentation Level: Intermediate
Region: Industrialized Countries

Brown, Adam, PsyD; Saxe, Glenn, MD
New York University Langone Medical Center, 1 Park Avenue, New York, New York, USA

What tools do you use to help children and families at highest risk? These are the cases where risk of harm is ever present: either from the child’s impulses for self-harm or to harm others, or from risk for maltreatment. In such high stakes contexts, clinicians must have access to the highest quality of information on risk, use such information to guide decisions, and enact interventions based on these decisions to result in safe outcomes. Clinicians frequently conduct their work with little guidance for these decisions and actions. Trauma Systems Therapy (TST) has frequently been used to provide this guidance. This full day pre-meeting Institute presents the application of TST for cases at highest risk. TST was uniquely designed for this purpose and includes specific tools that can strongly support effective care in such difficult and anxiety-provoking clinical contexts. Such tools include: 1. An assessment approach that indicates the most important drivers of the problems that entail risk, such that intervention can be focused on such drivers, 2. A treatment planning approach that helps guide decisions about the safety of the child’s current environment, 3. A treatment engagement approach that maximizes the potential to arrive at needed agreements with children and families for the establishment of safety, or will indicate that such agreements are not possible, and 4. An advocacy approach that organizes information to maximize the potential that needed decisions will be made from relevant authorities (e.g. child protection, family court judges) for children’s care and protection.

The Institute will begin with an overview of the principles and practice of TST so that participants are well oriented to its approach with children and families at highest risk. We will then cover such topics as: 1. Risk assessment for traumatized children and families, 2. Clinical decision tradeoffs and related risk, 3. Effective engagement of children and families in interventions to manage risk (and refinement of decisions based on observed levels of engagement), 4. Implementing interventions to establish and maintain safety, 5. Effective advocacy for needed interventions and services, and 6. Processes to address vicarious traumatization in contexts of high-risk care. The Institute will include many relevant case examples in which various aspects of TST were applied. Published data will be presented as well. The afternoon session will focus on cases and will be strongly participatory, eliciting audience involvement in describing challenging cases. These cases will be discussed through application of TST principles and tools, so that participants can derive practical knowledge to apply to the children and families at highest risk in their care.
Full Day PMI (continued)

Pre-Meeting Institute (PMI)
Wednesday, November 13, 8:30 a.m. – 5:00 p.m.
Salon H/1

PMI #3

Mental Health Care for Refugee and Immigrant Youth and Families:
Evidence-Based Strategies for Providers and Programs

Primary Keyword: Training/Education/Dissemination
Secondary Keyword: Clinical/Intervention Research; Community-Based Programs; Culture/Diversity; Refugee/Displacement Experiences
Population Type: Both Adult and Child/Adolescent
Presentation Level: Intermediate
Region: Industrialized Countries

Ellis, Heidi, PhD1; Abdi, Saida, LICSW2; Winer, Jeffrey, PhD1; Cardeli, Emma, PhD1; Miller, Alisa, PhD1; Issa, Osob, MSW1; Mulder, Luna, PsyD2
1Children’s Hospital Center for Refugee Trauma & Resilience/Children’s Hospital Boston, 300 Longwood Avenue, Boston, Massachusetts, USA
2Boston University/Children’s Hospital Center for Refugee Trauma & Resilience/Children’s Hospital Boston, 300 Longwood Ave, Boston, Massachusetts, USA

Globally, more than 65.6 million individuals have been forcibly displaced. Among them, nearly 25.4 million are refugees and half are under the age of 18 (UNHCR, 2017). Despite the diversity in cultures and journeys, traumatic stress, acculturative stress, resettlement difficulties, isolation and discrimination are common challenges faced by forcibly displaced persons resettled in a new country. In this Full Day pre-meeting institute (PMI), our team of trauma-focused clinical psychologists and social workers from the Refugee Trauma and Resilience Center (RTRC), at Boston Children’s Hospital/Harvard Medical School, led by Dr. Heidi Ellis, will provide expert training in evidence-informed strategies for supporting refugee and immigrant youth and families resettled in industrialized countries (with a focus on the United States and Canada). The RTRC is an NCTSN-funded Category II Treatment and Services Adaptation Center and builds upon a 17-year community-based participatory research program focused on promoting the healthy adjustment of refugee and immigrant families resettled in North America. Findings from our studies have been translated into practice, informing the development of both prevention and intervention efforts. This unique training experience will be both didactic and experiential, with ample opportunity for attendees to ask questions, engage in group discussion, participate in experiential activities and role plays, learn concepts through clinical vignettes and common organizational dilemmas, and apply knowledge directly to their current work environment(s). The PMI will be divided into six integrated modules. The first half of the day will be focused on modules 1-3: (1) Introduction to the Refugee and Immigrant Experience; (2) Strategies for Culturally-Responsive Practice; (3) Engaging Refugee and Immigrant Youth and Families in Mental Health Services. Following lunch, the second half of the day is focused on modules 4-6: (4) Psychosocial Assessment with Refugee and Immigrant Youth and Families; (5) Individual- and System-Level Strategies for Working with Refugee and Immigrant Youth and Families; (6) Collaborative and Interdisciplinary Models of Care for Promoting Whole Community Resilience. Attendees will leave this PMI with (1) an enhanced understanding of the current state-of-the-science of refugee/immigrant mental health interventions, (2) an enhanced capacity to make their current clinical work more culturally responsive to the needs of refugee and immigrant communities, and (3) understanding of key components for building effective and sustainable mental health prevention and intervention programs and partnerships with refugee and immigrant communities.
Full Day PMI (continued)

Pre-Meeting Institute (PMI)
Wednesday, November 13, 8:30 a.m. to 5:00 p.m.
Salon J/K

PMI #4

Trauma-Informed Change-Making:
A Contextualized Model for Strengthening Systems of Support within Communities Affected by Historical & Collective Trauma

Primary Keyword: Global Issues
Secondary Keyword: Community/Social Processes/Interventions; Survivors/Descendants of Historical Trauma; Training/Education/Dissemination; War – Civilians in War
Population Type: Both Adult and Child/Adolescent
Presentation Level: Intermediate
Region: Eastern and Southern Africa

Yacevich, Ilya, LMFT¹; Shankar, Anita, MPH¹; D’Andrea, Wendy, PhD²
¹Global Trauma Project, Global Trauma Project, Nairobi, Kenya
²New School for Social Research, 80 Fifth Ave., 6th floor, New York, New York, USA

Trauma-Informed Community Empowerment (TICE) is an adaptable, contextualized intervention framework aimed at reducing the impact of trauma by providing skills training in emotion regulation, stress management and conflict resolution to caregivers who offer community support. The program integrates well-established interventions for posttraumatic stress including Psychological First Aid and the Attachment, Regulation, and Competency (ARC) Framework. TICE provides capacity-building support to groups such as refugee camp staff, community leaders and government employees who are doubly at risk because they are themselves trauma-exposed and serving trauma-impacted communities. By working with service providers, TICE ensures that change happens on both systemic and grassroot levels through program assessment, staff support, mentoring, curriculum design, training and supervision in locations such as Kenya, South Sudan, Somalia, Ethiopia, Greece and the United States. GTP’s intervention shows promising outcomes, with significant changes in mental health: a 64% decrease in posttraumatic stress symptoms, 26% decrease in emotional dysregulation and 15% improvement in a physiological indicator of stress.

In this course, presenters will:
1) provide quantitative and qualitative evidence for TICE’s effectiveness, as well as explore factors associated with data gathering in settings with issues of literacy, cultural/ community trauma, and ongoing violence;
2) provide an overview of the Trauma-Informed Community Empowerment (TICE) Framework, and share lessons learned from developing a National Trauma-Healing Initiative in South Sudan; and
3) facilitate exploration of issues of power and privilege relevant to working in under-resourced communities.

Participants will identify strategies for implementing programs that are not only trauma-informed but also community-developed and -owned and gain an appreciation for fostering and maximizing longer-term impacts. Presenters will explore strategies for developing and implementing trauma-informed programs in settings where limited resources, language barriers, cultural differences and societal mistrust of providers create initial barriers to successful implementation. Participants will identify how issues of power and privilege impact effective programming and interventions through reflective practice and real-world examples. Program goals include understanding how to contextualize trauma-informed interventions to maximize success for their use beyond the traditional psychotherapeutic context.

This workshop is appropriate for intermediate levels and for those interested in organizational/program development, community work, peace-building and clinical services.
Half Day Morning PMI

Pre-Meeting Institute (PMI)
Wednesday, November 13, 8:30 a.m. – Noon
Arlington

PMI #5

Trauma-Focused Cognitive-Behavioral Therapy: Advancements and Clinical Applications

Primary Keyword: Clinical/Intervention Research
Secondary Keyword: Complex Trauma; Culture/Diversity; Sexual Orientation and Trauma; Traumatic Grief
Population Type: Child/Adolescent
Presentation Level: Intermediate
Region: N/A

Cohen, Judith, MD¹; Kinnish, Kelly, PhD²; Kliethermes, Matthew, PhD³; Wozniak, Jessica, PsyD⁴
¹Allegheny General Hospital, 4 Allegheny Center 8th Floor, Pittsburgh, Pennsylvania, USA
²Georgia Center for Child Advocacy, PO Box 17770, Atlanta, Georgia, USA
³University of Missouri St. Louis, 1 University Blvd, St. Louis, Missouri, USA
⁴Baystate Medical Center, 50 Maple St, Springfield, Massachusetts, USA

Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT) is an evidence-based treatment that has been evaluated and refined over the past 25 years to help children and adolescents recover from the negative effects of traumatic experiences. TF-CBT is a components-based model of psychotherapy that addresses the unique needs of children with PTSD symptoms, depression, behavior problems and other difficulties related to trauma (including sexualized behavior, interpersonal trust, self-image, shame, etc.). Numerous randomized trials demonstrate the effectiveness of the model in addressing trauma-related mental health symptoms and impact with children and families. A systematic review by Carey and McMilan (2012) indicated that TF-CBT is more effective than attention control, standard community care, or waitlist control conditions for reducing PTSD, depression and problem behavior symptoms in youth immediately after the termination of treatment and for PTSD 12 months post-intervention. Currently, 21 randomized controlled trials have been conducted in the U.S., Europe, Asia and Africa, comparing TF-CBT to other active treatment conditions and waitlist controls. These studies have documented that TF-CBT was efficacious for improving children’s trauma symptoms and have informed the development of applications of TF-CBT. Various research studies now document that TF-CBT is effective for improving children’s trauma symptoms and have informed the development of applications of TF-CBT. Various research studies now document that TF-CBT is effective with a range of ages, genders, languages, cultures, treatment settings, caregiving circumstances and trauma types including multiple traumas and complex trauma (Carey & McMillan, 2012; Goldbeck, Muche, Sachser, Tutus, & Rosner, 2016). Two studies have documented positive results of TF-CBT with sex trafficked children in Cambodia and the Congo (O’Callaghan, McMullen, Shannon, Rafferty, and Black, 2013; Bass, Bearup, Bolton, Murray, and Skavenski, 2011). As the research grows, so does the dissemination of TF-CBT to therapists across the world. The combination of growth in empirical research and an increase in community-based providers being trained in the model has led to an influx of implementation applications. These applications support recovery and resilience in some of the most vulnerable underserved populations. The objective of this presentation will be to provide an overview of several key advancements in TF-CBT research in the last two decades, including newly collected data on the implementation of TF-CBT with children and families in Puerto Rico who demonstrate complex trauma symptoms as well as acute symptoms due to Hurricane Maria. This presentation will also provide an overview of targeted treatment applications addressing specific trauma types, populations and cultural contexts including applications for LBGTQ youth, complex trauma, traumatic grief and commercial sexual exploitation/child sex trafficking.
**Half Day Morning PMI (continued)**

- **Pre-Meeting Institute (PMI)**
  - **Wednesday, November 13, 8:30 a.m. – Noon**
  - **Berkeley/Clarenden**

- **PMI #6**

  **Brief Eclectic Psychotherapy (BEPP) for Complex Trauma and Traumatic Grief**

  **Primary Keyword:** Clinical Practice

  **Secondary Keyword:** Clinical/Intervention Research; Complex Trauma; Refugee/Displacement Experiences; Traumatic Grief

  **Population Type:** Adult

  **Presentation Level:** Intermediate

  **Region:** Global

  **Gersons, Berthold, MD, PhD; Nijdam, Mirjam, PhD; Smid, Geert, MD, PhD**

  1. AMC University of Amsterdam, Oosterpark 45, Amsterdam, Netherlands
  2. Centrum 45 Arq / Academic Medical Center Amsterdam, Meibergdreef 5, PA1-142, Amsterdam, Netherlands
  3. Centrum 45, Arq Research, Nienoord 5, Diemen, Netherlands

  Being overwhelmed by emotions and experiencing loss of meaning hamper complete recovery for PTSD patients. Brief Eclectic Psychotherapy (BEPP) is an effective, comprehensive evidence-based treatment for PTSD. BEPP focuses on working through difficult emotions and grief originating from often multiple trauma. Making meaning of these traumatic experiences, which resulted in the loss of safety and distrust in the world and in one’s own capabilities to go on with life, are central treatment goals. Four randomized controlled trials have proven its efficacy for first responders like police officers and outpatient populations with PTSD (Gersons et al., 2000; Lindauer et al., 2005; Schnyder et al., 2011; Nijdam et al., 2012). Traumatic grief originates from the loss of loved ones by traumatic death due to killings, war, disaster as experienced by most refugees. Based on BEPP, Brief Eclectic Psychotherapy for Traumatic Grief (BEP-TG) helps recovery from traumatic grief. Four different exposure variants can be chosen depending on the symptoms of the patients. Grief-focused exposure may include stimulus exposure if avoidance of grief-related stimuli plays a role in blocking emotional processing. If excessive grieving behaviour is present, diminishing such behaviour is necessary to catalyse the emotional processing of the loss. Finding meaning entails a detailed evaluation of the loss of the loved person and its implications for the future. Writing assignments are useful tools to enable patients to evaluate meanings and to help bereaved individuals to confront painful aspects of the loss. An ongoing farewell letter is also part of this treatment. The BEPP protocol has been translated into English, German, French, Spanish, Italian, Polish, Georgian, Lithuanian, and Korean.

  In this PMI, participants will get acquainted with the five components of the BEPP and BEP-TG protocols: psycho-education, imaginal exposure to the traumatic event, use of writing assignments and mementos, psychodynamic insights in the phase of meaning-making and integration, and a farewell ritual. Special emphasis will be placed on the application and practice of these techniques in the treatment of individuals with complex PTSD characteristics, such as affect dysregulations, negative self-image, dissociative symptoms and problems in sustaining relationships. Fragments of videotaped treatments will be shown. Short interactive exercises and role plays will be used during the PMI to get to know different elements of BEPP and BEP-TG, and data to evaluate the treatments will be presented.
Half Day Morning PMI (continued)

Pre-Meeting Institute (PMI)
Wednesday, November 13, 8:30 a.m. – Noon
Dartmouth/ Exeter

**PMI #7**

**Child-Adult Relationship Enhancement (CARE): Building Skills for Charting a Positive Course to Strengthening Relationships and Promoting Resilience after Trauma in Children and Teens**

- **Primary Keyword:** Prevention/Early Intervention
- **Secondary Keyword:** Developmental Processes/Interventions
- **Population Type:** Child/Adolescent
- **Presentation Level:** Introductory
- **Region:** N/A

Gurwitch, Robin, PhD; Berkowitz, Steven, MD; Masse, Joshua, PhD; Kamo, Toshiko, MD, PhD; Schilling, Samantha, MD

1Duke University Medical Center, 1121 W Chapel Hill St, Suite 100, Durham, North Carolina, USA
2University of Colorado Anschulz Medical Campus, 13001 E 17th Place, MS F546, Room E2309-1, Aurora, Colorado, USA
3University of Massachusetts Dartmouth
4Tokyo Women’s Medical University, Institute of Women’s Health, 9-9, Wakamatsu-cho, Shinjuku, Tokyo, Japan
5University of North Carolina at Chapel-Hill, CB#7240, School of Medicine, Chapel Hill, North Carolina, USA

The field of trauma and our understanding of factors impacting recovery and resilience continue to grow and develop. One factor that remains a constant in supporting healing and resilience is positive relationships. As trauma affects the social relationships of the individual, particularly for children and important adults in their lives, creating positive relationships with these adults can significantly aid the healing process. Relationships are critical in prevention and acute and long-term interventions. Strong relationship skills are key principles of evidence-based parenting programs: Parent-Child Interaction Therapy (PCIT), Incredible Years (IY), Helping the Non-compliant Child, Parent-Management Training—Oregon Model (PMTO) and Positive Parenting Program (Triple P). However, these programs require intensive training and treatment. As a result, access to programs designed to improve relationships is lacking. Child-Adult Relationship Enhancement (CARE) was developed to help address this deficiency. Based on the evidenced-based parenting programs, CARE is a trauma-informed set of skills created to enhance relationships and reduce mild/moderate behavior challenges often present after trauma. CARE is for use by any adult interacting with a child/youth. Thus far, CARE has been disseminated to more than 15,000 adults in the United States and has a strong presence in Japan. Evidence is growing, including through randomized controlled trials, for the effectiveness of CARE with different populations and in a variety of settings. Adaptations have been made for the use of CARE in childcare and school settings, in primary and integrated care settings, with foster parents, with military families, and after disasters and terrorist events. CARE has been taught to staff in child protection services, family and drug courts, substance abuse treatment centers, home visiting programs, and domestic violence shelters and to families in these systems. Medical, mental health, allied health professionals and crisis counselors have received CARE training to complement their services, especially to children experiencing trauma. The CARE workshop will teach participants CARE skills they can immediately implement with families they serve. Handouts for use when working with families will be provided. The workshop will include didactic information, videos, activities, and live practice with feedback for the greatest learning potential. Implementation, dissemination efforts, and research will be discussed, helping participants determine how CARE can be useful in their settings, thus improving their efforts as they chart their services to build resilience in families after trauma.
Half Day Morning PMI (continued)

Pre-Meeting Institute (PMI)
Wednesday, November 13, 8:30 a.m. – Noon
Fairfield

PMI #8

STAIR Narrative Therapy: Using Relational Models to Guide Treatment

Primary Keyword: Clinical Practice
Secondary Keyword: Developmental Processes/Interventions
Population Type: Adult
Presentation Level: Intermediate
Region: Industrialized Countries

Cloitre, Marylene, PhD; Jackson, Christie, PhD; Ortigo, Kile, PhD

STAIR Narrative Therapy is a two-module resource rehabilitation program for survivors of chronic trauma. It focuses on improving emotion regulation and relational capacities through skills strengthening (STAIR) and on reducing trauma-related symptoms through review and meaning-making of traumatic experiences (Narrative Therapy). A key intervention in both modules is the identification and exploration of trauma-generated “relational models.” Clients’ “relational models” are based on past interpersonal experiences that shape expectations, feelings and behaviors about how relationships work. Influenced by attachment theory, these models are understood as adaptive strategies for maintaining relationships and remaining connected to the social environment even under traumatic circumstances. During STAIR, a review of the client’s relational models includes validation of the functional value of trauma-generated relational models as well as an invitation to generate alternative, aspirational models of relating which are tested and supported by an expanded repertoire of emotion regulation and interpersonal skills. During Narrative Therapy, meaning analyses of trauma narratives include identification of old relational models embedded in the narrative and a comparison of these to new emerging models of self and relationships with others that have been initiated during STAIR. The use of relational models across both modules supports the development of an integrated sense of self (old and new) in the context of an evolving and more positive set of expectations about relationships. This approach is particularly pertinent to individuals emerging from environments in which they have been have stigmatized or marginalized due to their identity, such as LGBTQ individuals and to those who have suffered from institutional or interpersonal betrayal trauma such childhood abuse and military sexual trauma. The workshop will provide intensive training on the identification and analysis of relational models. It will include several examples of trauma-generated relational models, guidelines for the creation of alternative models, role play opportunities, video demonstrations and analyses of cases from the audience as available.

1National Center for PTSD-Dissemination and Training Division, 795 Willow Road, Menlo Park, California, USA
2VA, 423 East 23rd Street (11M), New York, NY, New York, USA
3National Center for PTSD, VA Palo Alto Health Care System, 795 Willow Rd, Menlo Park, California, USA
Caring for Veterans with PTSD and Moral Injury at the End of Life

Watson, Patricia, PhD; Bruce, LeeAnn, PhD, LCSW

1National Center for PTSD, Executive Division, 215 North Main Street, White River Junction, Vermont, USA
2Intimate Partner Violence Assistance Program, VA Central Office, Washington, District of Columbia, USA

The Empowering Community Hospices Initiative has put together practical materials to improve the care of terminally ill Vietnam-era Veterans with posttraumatic stress disorder (PTSD) and moral injury, especially those Veterans receiving care in the community as delivered by community hospice teams which often lack a dedicated psychologist or training in these areas. This PMI will provide practical strategies the group has created by adapting the existing evidence base on the identification and treatment of PTSD or Moral Injury for a terminally ill population of Veterans, such as those receiving community hospice (e.g., life expectancy on average of about a month) given the limitations of the typical community hospice care team structure which often lacks mental health expertise.

The workshop will:

• Identify best practices and evidence-based interventions, as applied to terminally ill Veterans
• Discuss survey data from 2700 bereaved families of Vietnam era Veterans
• Provide practical, efficient information about caring for Veterans with PTSD and moral injury for family, nurses, chaplains, social workers and clinicians in settings that care for terminally ill Veterans, such as community hospice settings
• Provide guidance for efficient screening and referral of Veterans at risk
• Give references to key resources
• Describe how caregivers can use self-care and peer support to aid them in working with terminally ill Veterans with PTSD and moral injury
Half Day Afternoon PMI

Pre-Meeting Institute (PMI)
Wednesday, November 13, 1:30 p.m. – 5:00 p.m.
Arlington

PMI #10

Cue-Centered Therapy for Chronic Trauma

Primary Keyword: Clinical Practice
Secondary Keyword: Chronic/Repeated Trauma; Complex Trauma
Population Type: Child/Adolescent
Presentation Level: Intermediate
Region: Industrialized Countries

Kletter, Hilit, PhD1; Matlow, Ryan, PhD2; Carrion, Victor, MD2

1Stanford University School of Medicine, 401 Quarry Road, Stanford, California, USA
2Stanford University School of Medicine, 1520 Page Mill Rd., Palo Alto, California, USA

Despite existing high quality interventions for traumatized youth, the population of youth experiencing trauma-related distress is extremely heterogeneous, and new approaches and modalities continue to be needed, as not all youth respond to existing treatments. Specifically, youth with experiences of chronic trauma exposure and ongoing adversity may not benefit from processing isolated traumatic events and thus more efforts are needed to help them develop insight, adaptability and personal empowerment in response to complex trauma reactions. Cue-Centered Therapy (CCT) was developed in recognition of the growing need for a manualized treatment to increase youth insight into how an individual’s trauma history may relate to current cognitive, emotional and physiological experiences and how these in turn may be linked to difficulties with behavior and interpersonal functioning. A randomized controlled trial of CCT compared to a wait list group found that CCT was effective in reducing youth posttraumatic symptoms and improving overall functioning as well as reducing caregiver anxiety with treatment gains maintained over time (Carrion et al., 2013). In CCT, youth and their caregivers learn and apply principles of classical conditioning as they explore and identify adaptive responses to trauma cues. CCT includes exploration of youths’ life history of positive and negative experiences, culminating in the processing of chronic stress history and ongoing trauma cues through narrative and gradual exposure techniques. CCT developers will present an overview of the flexible 15-18 session intervention protocol intended for youth ages 8-18 exposed to chronic, ongoing trauma. CCT is intended for youth with a high allostatic load due to trauma exposure and can be used to address multiple trauma types. CCT has been delivered in multiple languages (with manuals currently available in English and Spanish) and has been used in school, clinic and community settings. Trainers will discuss and demonstrate how CCT integrates and builds upon core components of existing trauma interventions. Theoretical concepts, goals and objectives for each phase of CCT will be described and case examples will be used to demonstrate core CCT practices. Existing evidence and an update on ongoing research evaluating CCT will be presented. This interactive workshop will include didactic presentation, group discussion and reflection, and skill practice; attendees will be invited to provide feedback and explore application of CCT with their own patient populations and to engage in discussion of common challenges in the treatment of chronic and ongoing trauma.
Half Day Afternoon PMI (continued)

Pre-Meeting Institute (PMI)
Wednesday, November 13, 1:30 p.m. – 5:00 p.m.
Berkeley/Clarenden

PMI #11

Seeking Safety: A Summary of the Model, New Developments, and Questions

Primary Keyword: Community-Based Programs
Secondary Keyword: Clinical/Intervention Research; Complex Trauma; Public Health; Substance Use/Abuse
Population Type: Both Adult and Child/Adolescent
Presentation Level: Intermediate
Region: Industrialized Countries

Najavits, Lisa, PhD
Treatment Innovations, 28 Westbourne Road, Newton Centre, Massachusetts, USA

Seeking Safety is an evidence-based behavioral model designed for trauma and/or addiction. It is a present-focused coping-skills model that has been widely implemented with numerous populations, including homeless, criminal justice, transition age youth, and seriously mentally ill. This presentation will describe the model briefly and offer a summary of new findings and clinical expansions. Developments include peer-led Seeking Safety, use of the model with adolescents and for gambling disorder, mobile apps related to Seeking Safety, and various language translations and clinical guides. We will also focus on key questions on Seeking Safety including its evidence base and how it compares to other models for PTSD and/or substance abuse. The workshop will be interactive and allow time for audience questions and discussion.
Half Day Afternoon PMI (continued)

Pre-Meeting Institute (PMI)
Wednesday, November 13, 1:30 p.m. – 5:00 p.m.
Dartmouth/Exeter

PMI #12

Treating Traumatized Children Who Have Intellectual and Developmental Disabilities:
Adapting Trauma-Focused Cognitive Behavior Therapy

Primary Keyword: Clinical Practice
Secondary Keyword: Assessment/Diagnosis; Culture/Diversity
Population Type: Child/Adolescent
Presentation Level: Intermediate
Region: Industrialized Countries

Hoover, Daniel, PhD, ABPP; D’Amico, Peter, PhD, ABPP

1Kennedy Krieger Institute Family Center, 1750 East Fairmount Ave, 2nd Floor, Baltimore, Maryland, USA
2LIJ Medical Center, Northwell Health System, 75-59 263rd Street, Glen Oaks, New York, USA

For over two decades, many children with trauma-related symptoms have been effectively treated with Trauma-Focused Cognitive Behavior Therapy (TF-CBT). The model’s flexibility and applicability to children and families of varying cultures and types of trauma are major strengths. The efficacy of TF-CBT has been demonstrated in more than a dozen randomized controlled trials and across the developmental spectrum for multiple index traumas and settings. Children with intellectual and developmental disabilities (IDD) are an underserved and poorly understood group among mental health clinicians and those who treat traumatic stress. They are exposed to maltreatment, bullying, potentially traumatizing medical and restraint procedures, and other adverse childhood experiences at a rate conservatively estimated to be 2-3 times that of their non-disabled peers. Efforts are underway for adapting TF-CBT to meet the needs of children and caregivers with significant limitations in cognitive, language, and other executive functions. As there is a growing evidence base for the effectiveness of cognitive-behavior therapy for anxiety in autism spectrum disorders, this literature is being tapped as a guide for approaching the broader IDD population. The two presenters, one a certified TF-CBT trainer and the other a director of a trauma clinic serving children with IDD, will start with the issue of bias and “diagnostic overshadowing” in the assessment of IDD/Trauma cases, including the importance of child self-reporting and the current state of the literature in this area. They will then present a formal model based on a “matrix” of TF-CBT steps which allows for flexibility within fidelity of the treatment relying on assessments of the child and caregivers: a) verbal comprehension; b) visual-spatial skills; c) sensory differences; d) motivation for treatment; and e) ability to generalize skills learned in therapy. Recommendations for treatment structure, process, and supplemental resources from the IDD/autism literature will be provided. The steps and approach will be illustrated by clinical case examples.
Half Day Afternoon PMI (continued)

Pre-Meeting Institute (PMI)
Wednesday, November 13, 1:30 p.m. – 5:00 p.m.
Fairfield

PMI #13

Trauma Informed Guilt Reduction (TriGR): A Transdiagnostic Therapy for Guilt and Shame from Trauma and Moral Injury

Primary Keyword: Clinical Practice
Secondary Keyword: Affective Processes/Interventions; Cognitive Processes/Interventions
Population Type: Adult
Presentation Level: Intermediate
Region: Industrialized Countries

Norman, Sonya, PhD1; Davis, Brittany, PhD2; Capone, Christy, PhD3; Allard, Carolyn, PhD4; Browne, Kendall, PhD5

1National Center for PTSD, UC San Diego, San Diego, California, USA
2James A. Haley VA Hospital, 13000 Bruce B Downs Blvd, Tampa, Florida, USA
3Department of Veterans Affairs Medical Center, 830 Chalkstone Ave, Providence, Rhode Island, USA
4Alliant International University, California School of Professional Psychology, Alliant International University, 10455 Pomerado Rd, San Diego, California, USA
5Center of Excellence in Substance Addiction Treatment and Education (CESATE), VA Puget Sound Healthcare System; Department of Psychiatry & Behavioral Sciences, University of Washington, 1660 S. Columbian Way, MC: S-116-ATC, Seattle, Washington, USA

Guilt and shame stemming from one’s actions or inactions during a traumatic event are risk factors for greater severity of subsequent problems such as posttraumatic stress disorder, depression, substance use disorders, and suicidality. Trauma-related guilt and shame are also core components of moral injury. This pre-meeting institute will begin with a review of the presenters’ and extended research showing that guilt and shame from trauma are related to more severe mental health and functional impairment (e.g., Browne, Myers. Trim, R., & Norman, 2015; Norman, Haller, Kim, ... Rauch, 2018). We will present a conceptual model (Non-Adaptive Guilt and Shame; NAGS) to explain these relationships (Norman, Wilkins, Myers, & Allard, 2014). We will share psychometrically strong measures for assessing posttraumatic guilt and shame that can be used for treatment planning and to assess progress throughout treatment (e.g., The Trauma Related Guilt Inventory by Kubany et al., 1996 and the Trauma Related Shame Inventory by Öktedalen, et al., 2014). The majority of the PMI will be focused on the Trauma Informed Guilt Reduction (TriGR) therapy protocol (Norman, Allard, Browne, Capone, Davis & Kubany, in press), a six-session cognitive behavioral and acceptance based manualized psychotherapy designed to help trauma survivors accurately appraise posttraumatic guilt and shame and re-engage with important values to aid in recovery from posttraumatic distress. After reviewing completed and in-progress research on TriGR, we will describe the protocol session by session, using in-person instruction, example videos and role plays. How to apply the protocol to a variety of trauma types including combat, sexual assault, and motor vehicle accidents will be described. Finally, we will discuss strategies to address posttraumatic guilt and shame within other treatment models such as Prolonged Exposure and Cognitive Processing Therapy.
Half Day Afternoon PMI (continued)

Pre-Meeting Institute (PMI)
Wednesday, November 13, 1:30 p.m. – 5:00 p.m.
Suffolk

PMI #14

Introduction to the Neurobiology of PTSD: Key Findings and Methodologies

Primary Keyword: Biological/Medical
Secondary Keyword: Assessment/Diagnosis; (Neuro)Biological Processes/Interventions; Genetics/Epigenetics; Neuro Imaging
Population Type: Adult
Presentation Level: Introductory
Region: Industrialized Countries

Hayes, Jasmeet, PhD1; van Rooij, Sanne, PhD2; Pineles, Suzanne, PhD3; Logue, Mark, PhD4

1The Ohio State University, College of Arts and Sciences, , Ohio, USA
2Emory University School of Medicine, 69 Jesse Hill Jr Dr SE, Atlanta, Georgia, USA
3National Center for PTSD, VA Boston Healthcare System, Boston University School of Medicine, 150 S Huntington Ave, Boston, Massachusetts, USA
4VA Boston Healthcare System & BUSM, 72 East Concord St., Boston, Massachusetts, USA

Recent advances in neuroimaging, biochemistry and genetics research have paved the way for a greater understanding of the neurobiology of trauma and stress. As new technologies and methods are discovered and applied to neurobiological work, it becomes increasingly important for individuals interested in treating and studying PTSD to learn the tools necessary to evaluate the latest research findings. The purpose of this pre-meeting institute is to provide attendees with an introduction to contemporary biological approaches used to study PTSD, including methodological advantages and limitations inherent in these approaches. The target audience includes clinicians, researchers and students with basic knowledge of the biological aspects of traumatic stress. We will review the following topics:

1) Structural and Functional Neuroimaging of PTSD: This talk will provide an overview of how neuroimaging data are collected, processed, and analyzed and the inherent limitations and advantages of neuroimaging methods. Discussion will include an introduction to advanced tools to image neural networks that play a crucial role in the development and maintenance of PTSD.

2) Neuroimaging of PTSD treatment: Recent longitudinal neuroimaging studies have identified predictors for PTSD treatment response. This section will include an overview of brain regions that are related to treatment outcome and will interpret these brain results in the context of trauma-focused therapy. Finally, it will discuss potential implications for novel rain-based (additive) treatments for PTSD.

3) Considering Hormones in PTSD Research: Gonadal hormones have downstream effects on several neurobiological processes implicated in PTSD. Because estrogen and progesterone fluctuate at different phases of the menstrual cycle, scientists often have to make difficult decisions about how to conduct neurobiological research in samples that include premenopausal women. Discussion will include the theoretical importance of this topic as well as practical aspects of measuring menstrual cycle phase.

4) Genetics of PTSD: A mix of genetic and environmental influences determines an individual’s risk of psychiatric disorders such as PTSD. Discussion in this section will include methods used to understand and characterize the genetic determinants of PTSD risk including twin studies, candidate gene studies and genome-wide association studies. Gene expression and epigenetic studies and how they are providing insight into the biological underpinnings of PTSD will also be discussed.
Topical Tracks

The program chairs have grouped presentations on similar themes together into tracks so it is easier for you to find the programs in your area. However, please note that not everything would fit into the tracks. There are more presentations outside the tracks that may be related or of interest and you should check your schedule.

Look for these throughout the meeting schedule:

**Assessment and Diagnosis Track**
Presentations on assessing trauma

**Biological/Medical Track**
Presentations on biological and physical aspects of trauma

**Child Trauma Track**
Presentations on various aspects of trauma in children and adolescents

**Immigrant/Refugee Track**
Presentations on trauma in immigrant and refugee populations

**Military/Veterans Track**
Presentations on trauma in military and veteran populations

**Public Health Track**
Presentations on trauma and public health

### Assessment & Diagnosis Track

**Concurrent Session One**
Thursday, 9:45 a.m. – 11:00 a.m.
Salon G, 4th Floor
Chair: Andreas Maercker
Christine Heim, Bethany Brand, Stevan Hobfoll, Andreas Maercker

Provincetown, 4th Floor
Panel: Screening for Adverse Childhood Experiences (ACEs): Cautions, Consequences, and Suggestions
Sheri Madigan, Tracie Afiﬁ, David Finkelhor, Harriet MacMillan, Nicole Racine

**Concurrent Session Two**
Thursday, 11:15 a.m. – 12:30 p.m.
Salon C/D, 4th Floor
Symposium: Promoting Resilience and Recovery Among Traumatized Youth in the Justice System: Innovative Strategies to Create Trauma-Informed Systems of Care
Co-Chairs: Keith Cruise, Patricia Kerig
Carly Dierkhising, Isaiah Pickens, Keith Cruise, Carly baetz, Mahtab Moaveni

### Immigrant/Refugee Track

**Concurrent Session Three**
Thursday, 3:00 p.m. – 4:15 p.m.
Salon C/D, 4th Floor
Symposium: Looking Beyond Symptom Change: Attending to Functioning in PTSD
Chair: Johanna Thompson-Hollands
Discussant: Paula Schnurr
Johanna Thompson-Hollands, Daniel Lee, Alexandra Klein, Michelle Bovin

**Concurrent Session Five**
Friday, 9:45 a.m. – 11:00 a.m.
Salon C/D, 4th Floor
Symposium: What can we Learn about PTSD from Network Analysis?
Chair: Talya Greene
Tobia Spiller, Brian Hall, Cherie Armour, Karen-Inge Karstoft

### Military/Veterans Track

**Concurrent Session Six**
Friday, 11:15 a.m. – 12:30 p.m.
Salon C/D, 4th Floor
Symposium: Cultural Psychology Approaches to Studying Trauma and Posttraumatic Stress
Chair: Nuwan Jayawickreme
Jay Verkuilen, Andrew Rasmussen, Nuwan Jayawickreme, Michelle Leon
Assessment & Diagnosis Track (continued)

Concurrent Session Seven
Friday, 3:00 p.m. – 4:15 p.m.
Provincetown, 4th Floor
Panel: 30 Years of the National Center for PTSD: Past, Present, and Future
Paula Schnurr, Matthew Friedman, Terence Keane, John Krystal, Jessica Hamblen

Concurrent Session Eight
Friday, 4:30 p.m. – 5:45 p.m.
Suffolk, 3rd Floor
Symposium: Identifying Mental Health Determinants in Rwandan Youth 25 years Post-Genocide
Chair: Mary Fabri
Eugene Rutembesa, Mary Fabri, Sarah K.G. Jensen, Felicien Izaturwanaho

Concurrent Session Nine
Saturday, 9:45 a.m. – 11:00 a.m.
Salon C/D, 4th Floor
Symposium: Advancements in Assessment of DSM-5 PTSD
Chair: Daniel Lee
Discussant: Frank Weathers
Michelle Bovin, Daniel Lee, Lindsay Kramer, Ateka Contractor

Concurrent Session Ten
Saturday, 11:15 a.m. – 12:30 p.m.
Provincetown, 4th Floor
Panel: Complex Changes and the ‘Butterfly Effect’ in Trauma Recovery and Resilience: Views Through the Lens of Non-Linear Dynamic Systems Theories and Models
Carol Keane, Kotaro Shoji, Charles Benight, Christopher Layne, David Rozek

Concurrent Session Eleven
Saturday, 2:00 p.m. – 3:15 p.m.
Salon C/D, 4th Floor
Workshop: Using Data to Support the Resilience of Clinicians and Researchers Exposed to Secondary Trauma
Kate Murray, Kelly Sullivan, Ginny Sprang
Biological/Medical Track

Concurrent Session One
Thursday, 9:45 a.m. – 11:00 a.m.
Salon H/I, 4th Floor
Symposium: Pre-Deployment Biological and Behavioral Markers to Identify Risk and Resilience Factors for PTSD in Active Duty Military Personnel
Co-Chairs: Charles Marmar & Marti Jett-Tilton
Kristin Samuelson, Katharina Schultebraucks, Rohit Rao, Aarti Gautam, Ruoting Yang

Concurrent Session Two
Thursday, 11:15 a.m. – 12:30 p.m.
Salon G, 4th Floor
Symposium: Incorporating Neural, Molecular, and Psychophysiological Markers to Assess and Enhance PTSD Treatment Response and Recovery
Chair: Yuval Neria
Ilan Harpaz-Rotem, Rachel Yehuda, Tanja Jovanovic, Yuval Neria

Concurrent Session Three
Thursday, 3:00 p.m. – 4:15 p.m.
Salon H/I, 4th Floor
Symposium: Somatic Symptoms in PTSD: The Importance of Identifying these Symptoms and Addressing them in Treatment as they are Central to the Experience of the Condition
Chair: Alexander McFarlane
Alexander McFarlane, Charles Hoge, Eric Vermetten, Ruth Lanius

Concurrent Session Four
Thursday, 4:30 p.m. – 5:45 p.m.
Salon H/I, 4th Floor
Symposium: Computational Methods for Traumatic Stress Research: Advancing Prediction, Causal Discovery, and Intervention Target Selection
Chair: Glenn Saxe
Isaac Galatzer-Levy, Taylor Keding, Glenn Saxe, Sisi Ma

Concurrent Session Five
Friday, 9:45 a.m. – 11:00 a.m.
Salon H/I, 4th Floor
Symposium: PTSD and SUD Comorbidity: Mechanistic Insights from Genome Wide Association Studies
Chair: Ananda Amstadter
Christine Sheerin, Sage Hawn, Ananda Amstadter, Jacquelyn Meyers

Concurrent Session Six
Friday, 11:15 a.m. – 12:30 p.m.
Salon H/I, 4th Floor
Symposium: Computational Approaches to Characterize and Predict Posttraumatic Stress Psychopathology: Moving from the Laboratory to Scalable Technology
Chair: Isaac Galatzer-Levy
Discussant: Richard Bryant
Isaac Galatzer-Levy, Karen-Inge Karstoft, Lars Nissen, Katharina Schultebraucks, Jukka-Pekka Onnela

Concurrent Session Seven
Friday, 3:00 p.m. – 4:15 p.m.
Salon H/I, 4th Floor
Symposium: How Does Trauma Impact Perinatal Health and What Can We Do About It?
Chair: Yael Nillni
Alytia Levendosky, Maria Muzik, Yael Nillni, Mickey Sperlich

Concurrent Session Eight
Friday, 4:30 p.m. – 5:45 p.m.
Salon H/I, 4th Floor
Symposium: Functional and Structural Brain Correlates of PTSD: Genetic Moderators and Implications for Resilience
Chair: Danielle Sullivan
Michael Esterman, Danielle Sullivan, Rajendra Morey, Sanne van Rooij
Biological/Medical Track (continued)

Concurrent Session Nine
Saturday, 9:45 a.m. – 11:00 a.m.
Salon H/I, 4th Floor
Symposium: The Impact of Type and Timing of Childhood Trauma on the Neural and Physiological Responses to Threat
Chair: Bernet Elzinga
Maurizio Sicorello, Bernet Elzinga, Kim Felmingham, Eamon McCrory

Concurrent Session Ten
Saturday, 11:15 a.m. – 12:30 p.m.
Salon H/I, 4th Floor
Symposium: Genomic and Epigenetic Mechanisms Contributing to Risk and Resilience to Traumatic Stress
Co-Chairs: Kelly Harrington & Murray Stein
Murray Stein, Erika Wolf, Mark Logue, Karmel Choi

Concurrent Session Eleven
Saturday, 2:00 p.m. – 3:15 p.m.
Salon H/I, 4th Floor
Symposium: New Neurobiological Research on Trauma-Related Dissociation
Chair: Lauren Lebois
Discussant: Melissa Kaufman
Sherain Harricharan, Lauren Lebois, A.A.T. Simone Reinders
Child Trauma Track

Concurrent Session One
Thursday, 9:45 a.m. – 11:00 a.m.
Salon C/D, 4th Floor
Symposium: Sustaining Trauma Focused EBTs for Youth across Service Settings
Chair: Jason Lang
Discussant: Lisa Amaya-Jackson
Rochelle Hanson, Erum Nadeem, Elizabeth McNamee
Jason Lang

Berkeley/Clarenden, 3rd Floor
Workshop: Innovative, Effective Trauma Focused Training for Foster Parents: Trauma Systems Therapy-Foster Care: Examples from the Field
Adam Brown, Susan Sharp, Carrie Noel

Concurrent Session Two
Thursday, 11:15 a.m. – 12:30 p.m.
Dartmouth/Exeter, 3rd Floor
Symposium: A Resilience Agenda for Adverse Childhood Experiences: Enhancing Innovations in Engagement, Empowerment, and Protective Factors
Chair: Maryam Kia-Keating
Sabrina Liu, Briana Woods-Jaeger, Debbie Starr, Maryam Kia-Keating, Nicole Racine

Concurrent Session Three
Thursday, 3:00 p.m. – 4:15 p.m.
Salon G, 4th Floor
Invited Session: ISTSS Guidelines Part 2: Implementation of the ISTSS PTSD Guidelines Recommendations for Children and Adolescents in everyday settings: Choosing and Using the Best Treatment
Moderator: Julian Ford
Lucy Berliner, Tine Jensen, Nancy Kassam-Adams

Concurrent Session Four
Thursday, 4:30 p.m. – 5:45 p.m.
Provincetown, 4th Floor
Panel: Strengthening Resilience of Caregivers on Behalf of Youth with Intellectual and Developmental Disabilities who have Experienced Trauma
Juliet Vogel, Peter D’Amico, Daniel Hoover, Michael Gomez, Jacquelyn Kraps

Concurrent Session Five
Friday, 9:45 a.m. – 11:00 a.m.
Dartmouth/Exeter, 3rd Floor
Symposium: Tapping a Valuable Resource: Using Existing Research and Service Data to Advance Our Understanding of Child Posttraumatic Stress
Chair: Nancy Kassam-Adams
Anke de Haan, Rachel Hiller, Glenn Saxe, Betty Lai

Concurrent Session Six
Friday, 11:15 a.m. – 12:30 p.m.
Provincetown, 4th Floor
Panel: Multidisciplinary Approaches to Promote Recovery and Resilience among Sexually Exploited Youth: Diverse Perspectives on Services, Advocacy, and Treatment
Carly Dierkhising, Mae Ackerman-Brimberg, Kelly Kinnish, Ginny Sprang

Concurrent Session Seven
Friday, 3:00 p.m. – 4:15 p.m.
Dartmouth/Exeter, 3rd Floor
Symposium: Evidence-Based Assessment and Intervention Among Hurricane-Exposed Youth: Disseminating Community-Wide Best Practices
Chair: Julie Kaplow
Discussant: Robert Pynoos
Cody Dodd, Joy Ososky, Howard Ososky, Rosaura Orengo-Aguayo, Annette La Greca
Child Trauma Track (continued)

Concurrent Session Eight
Friday, 4:30 p.m. – 5:45 p.m.
Fairfield, 3rd Floor
Workshop: Addressing Parent Trauma in Child Trauma Treatment Models
Laurel Kiser
Alisa Miller

Concurrent Session Nine
Saturday, 9:45 a.m. – 11:00 a.m.
Fairfield, 3rd Floor
Workshop: Implementation of Trauma-Informed Care in Juvenile Detention: Triumphs, Challenges and Future Directions
Discussant: Carly Baetz
Felicia McNair, Mahtab Moaveni, Sasha Stok

Concurrent Session Ten
Saturday, 11:15 a.m. – 12:30 p.m.
Dartmouth/Exeter, 3rd Floor
Symposium: The Longitudinal Course of Post-Trauma Outcomes in Children, Adolescents, and Young Adults: Resilient Responding and Buffering Effects of Resilience and Social Support
Chair: Christine Sheerin
Christina Sheerin, Terell Hicks, Shannon Cusack, Christy Denckla

Concurrent Session Eleven
Saturday, 2:00 p.m. – 3:15 p.m.
Provincetown, 4th Floor
Panel: Trauma-Informed Inpatient Care: Utilizing Trauma-Focused, Evidence-Based Interventions to Treat Traumatized Adolescents in Inpatient Settings
Discussant: Carl Fulwiler
Zlatina Kostova, Ingrid Sarmiento, Brian Denietolis
Immigrant/Refugee Track

Concurrent Session Two
Thursday, 11:15 a.m. – 12:30 p.m.
Salon A/B, 4th Floor
Symposium: Islamic Trauma Healing: A Low-Cost, Easily Up-Scalable Model for War and Refugee Trauma
Chair: Lori Zoellner
Discussant: Debra Kaysen
Lori Zoellner, Norah Feeny, Alexandria Klein, Michael Dolezal

Concurrent Session Three
Thursday, 3:00 p.m. – 4:15 p.m.
Salon A/B, 4th Floor
Symposium: A Safe Haven: Understanding the Impact of Post-Migration Context on Refugee Mental Health
Chair: Naser Morina
Discussant: Richard Bryant
Shraddha Kashyap, Yulisha Byrow, Winnie Lau, Naser Morina

Concurrent Session Four
Thursday, 4:30 p.m. – 5:45 p.m.
Salon A/B, 4th Floor
Symposium: Using Research, Practice and Policy to Understand and Promote the Mental Health of Trauma-Exposed Refugees and Migrants
Chair: Diane Elmore Borbon
Discussant: Heidi Ellis
Diane Elmore Borbon, Angela Nickerson, Marit Sijbrandij

Concurrent Session Six
Friday, 11:15 a.m. – 12:30 p.m.
Dartmouth/Exeter, 3rd Floor
Symposium: From Bench to Bedside: Informing Evidence-Based Psychological Interventions for Refugees
Chair: Angela Nickerson
Discussant: Ulrich Schnyder
Philippa Specker, Joel Hoffman, Theresa Koch, Angela Nickerson

Concurrent Session Seven
Friday, 3:00 p.m. – 4:15 p.m.
Salon A/B, 4th Floor
Symposium: Multi-Level Vulnerability and Adaptation: Ecological Approaches to Working Together with Communities Affected by War and Forced Migration
Chair: Mary Bunn
Discussant: Zachary Steel
Ruth Wells, Shaun Nemorin, Reza Rostami, Karin Wachter, Mary Bunn

Concurrent Session Eight
Friday, 4:30 p.m. – 5:45 p.m.
Salon A/B, 4th Floor
Symposium: The Caregiver Support Intervention: Strengthening the Psychosocial Wellbeing of Syrian Refugee Children in Lebanon by Strengthening the Wellbeing and Parenting of their Caregivers
Chair: Kenneth Miller
Kenneth Miller, Alexandra Chen, Maguy Arnous, Fadila Tossyeh

Concurrent Session Nine
Saturday, 9:45 a.m. – 11:00 a.m.
Salon J/K, 4th Floor
Panel: The Global Human Rights and Mental Health Crisis of Forced Displacement: Caring for Refugees through Mental Health Research
Brian Hall, Kenneth Miller, Andrew Rasmussen, Amit Bernstein

Concurrent Session Ten
Saturday, 11:15 a.m. – 12:30 p.m.
Salon A/B, 4th Floor
Symposium: Prolonged Grief Disorder: New Emerging Topics
Chair: Rita Rosner
Leah Lucid, Birgit Wagner, Rita Rosner, Hannah Comtesse
**Military/Veterans Track**

**Concurrent Session One**
Thursday, 9:45 a.m. – 11:00 a.m.
Arlington, 4th Floor
Symposium: Innovations in Training Clinicians in Evidence-Based Treatments for PTSD
Chair: Craig Rosen
Craig Rosen, Jeanine Lane, Thea Gallagher, Courtney Worley

**Concurrent Session Two**
Thursday, 11:15 a.m. – 12:30 p.m.
Arlington, 4th Floor
Symposium: Life Course Adaptation to Trauma across Younger and Older Veteran Cohorts: Identifying Risk and Resilience Factors for Veterans’ Health and Well-Being over Time
Chair: Brian Smith
Discussant: Kathryn Magruder
Dawne Vogt, Crystal Park, Anica Pless Kaiser, Brian Smith

**Fairfield, 3rd Floor**
Panel: The Power of Peer Relationships to Foster Trauma Recovery and Mental Health
Kyle Possemato, Scotty MacQueen, Eve Carlson, Emily Johnson, J. Irene Harris

**Concurrent Session Three**
Thursday, 3:00 p.m. – 4:15 p.m.
Suffolk, 3rd Floor
Panel: Engaging Veterans and Military Families in the 21st Century: Breaking Barriers with Novel Approaches to Treatment through Public-Private Partnerships
Amanda Spray, Ari Lowell, Melissa Peskin, Laura Price, Mayer Bellehsen

**Concurrent Session Four**
Thursday, 4:30 p.m. – 5:45 p.m.
Arlington, 4th Floor
Symposium: Examining the Role of Cognitions in Symptomatology, Functioning, and Treatment Outcomes for Military Sexual Trauma Survivors
Chair: Rebecca Blais
Rebecca Blais, Lindsey Monteith, Alyson Zalta, Kristen Reinhardt

**Concurrent Session Five**
Friday, 9:45 a.m. – 11:00 a.m.
Berkeley/Clarenden, 3rd Floor
Symposium: Along the Continuum: When Higher-Level PTSD Care is needed for Recovery
Chair: Kristen Walter
Discussant: Kathleen Chard
Philip Held, Kristen Walter, Mark Burton, Rachel Blain

**Fairfield, 3rd Floor**
Workshop: Modeling to Learn: Using Simulation to Optimize Local Clinic Implementation of Evidence-Based Psychotherapy
Lindsey Zimmerman, Andrew Holbrook, Tom Rust

**Concurrent Session Six**
Friday, 11:15 a.m. – 12:30 p.m.
Arlington, 4th Floor
Symposium: Resilience in the Uniform Services - Measurement and Intervention
Chair: Neil Greenberg
Neil Greenberg, Amy Adler, Eric Vermetten, Lisa Dell

**Concurrent Session Seven**
Friday, 3:00 p.m. – 4:15 p.m.
Salon J/K, 4th Floor
Panel: Lessons from the Field: Conducting Compassion-based Interventions among Veterans with Posttraumatic Stress Disorder
Erica Eaton, David Kearney, A. Rani Elwy, Jessica Pieczynski

**Concurrent Session Eight**
Friday, 4:30 p.m. – 5:45 p.m.
Salon J/K, 4th Floor
Panel: Military to Civilian Transition: Theoretical and Practical Challenges in Optimizing Well-Being
Discussant: Harold Kudler
Paula Dabovich, Iain Beck, Julie Coulthard
Military/Veterans Track (continued)

Concurrent Session Nine
Saturday, 9:45 a.m. – 11:00 a.m.
Arlington, 4th Floor
Symposium: Novel Barriers and Facilitators of Treatment Engagement among U.S. Veterans with PTSD and other Mental Health Conditions
Chair: Sarah Krill Williston

Dartmouth/Exeter, 3rd Floor
Symposium: The Delicate Web of Dyadic Relationships: Understanding and Reducing the Impact of PTSD
Chair: Kristen Walter
Discussant: Jeremiah Schumm
Alexandra Macdonald, Steffany Fredman, Rachel Liebman, Kristen Walter

Concurrent Session Ten
Saturday, 11:15 a.m. – 12:30 p.m.
Arlington, 4th Floor
Symposium: Understanding “Spirituality” and Spiritual Care Provision in the Context of Moral Injury
Chair: Jason Nieuwsma
Joseph Currier, Jason Nieuwsma, Jennifer Wortmann, Carter Check, Melissa Smigelsky

Concurrent Session Eleven
Saturday, 2:00 p.m. – 3:15 p.m.
Arlington, 4th Floor
Symposium: Using Data from the Veterans Health Administration to Understand Outcomes and Improve the Future of Posttraumatic Stress Disorder Treatment
Chair: Nicholas Holder
Rebecca Sripada, Shira Maguen, Nicholas Holder, Brian Shiner
Public Health Track

Concurrent Session One
Thursday, 9:45 a.m. – 11:00 a.m.
Suffolk, 3rd Floor
Panel: Addressing Trauma and PTSD in Rural Haiti: Community-Based and Clinical Approaches within a Complex Socio-Medical Healthcare System
Emmeline Affricot, Tatiana Therosme, Eddy Eustache, Reginald Fils-Aime, Cidna Valentin

Concurrent Session Two
Thursday, 11:15 a.m. – 12:30 p.m.
Berkeley/Clarenden, 3rd Floor
Symposium: Perspectives on Resilience: Towards Conceptual Clarity, Correlates, and Mechanisms
Chair: Ulrich Schnyder
Tanja Michael, Monique Pfaltz, Sarah Schafer, Myriam Thoma

Concurrent Session Three
Thursday, 3:00 p.m. – 4:15 p.m.
Salon J/K, 4th Floor
Panel: Complex PTSD: Charting a Course Forward
Discussant: Carolyn Yeager
Judith Herman, Elizabeth Carll, Christine Courtois, Thanos Karatzias, Denise LeBoeuf

Concurrent Session Four
Thursday, 4:30 p.m. – 5:45 p.m.
Berkeley/Clarenden, 3rd Floor
Symposium: Risk and Protective Factors affecting Adjustment following Episodes of Mass Violence
Chair: Erika Felix
Erika Felix, Russell Jones, Siri Thoresen, Jennifer Green

Concurrent Session Five
Friday, 9:45 a.m. – 11:00 a.m.
Salon J/K, 4th Floor
Panel: Targeting Patient-Centered Resilience Factors that Drive Posttraumatic Adaptation and Thriving
Andrew Smith, Charles Benight, Bita Ghafoori, Miranda Olff, Grete Dyb

Concurrent Session Six
Friday, 11:15 a.m. – 12:30 p.m.
Salon J/K, 4th Floor
Panel: Providing a Spectrum of Skill-Building Interventions after Disasters and Mass Violence
Patricia Watson, Meaghan O’Donnell, Marit Sijbrandij, April Naturale

Concurrent Session Seven
Friday, 3:00 p.m. – 4:15 p.m.
Berkeley/Clarenden, 3rd Floor
Symposium: Innovative Approaches to the Development and Evaluation of Trauma-Informed Care Programs in Health Care Systems
Chair: Meghan Marsac
Meghan Marsac, Melissa Alderfer, Nancy Kassam-Adams, Jane Halladay Goldman, Carrie Purbeck Trunzo

Concurrent Session Eight
Friday, 4:30 p.m. – 5:45 p.m.
Berkeley/Clarenden, 3rd Floor
Workshop: Assessment and Treatment of ICD-11 Complex PTSD
Marylene Cloitre, Philip Hyland, Neil Roberts, Thanos Karatzias

Concurrent Session Nine
Saturday, 9:45 a.m. – 11:00 a.m.
Berkeley/Clarenden, 3rd Floor
Symposium: Psychosocial and Mental Health Sequelae of Intimate Partner Violence: Implications for Clinical Care & Prevention Efforts
Chair: Colin Mahoney
Discussant: Katherine Iverson
Brittany Hollis, Colin Mahoney, Katherine Bogen, Mollie Shin
Public Health Track (continued)

Concurrent Session Ten
Saturday, 11:15 a.m. – 12:30 p.m.
Berkeley/Clarenden, 3rd Floor
Workshop: Developing a Trauma-Informed Behavioral Observation Tool for Use in Healthcare Settings
Stephanie Sundborg
Joan Fleishman

Concurrent Session Eleven
Saturday, 2:00 p.m. – 3:15 p.m.
Fairfield, 3rd Floor
Panel: Navigating Climate Trauma: An Overview of Climate Change and Mental Health Risks, Impacts, and Adaptation Opportunities
Jura Augustinavicius, Katie Hayes, James Recht, Lise Van Susteren
Abbreviated Schedule

Pre-Meeting Institutes, Wednesday, November 13

Full Day Institutes
(8:30 a.m. – 5:00 p.m.)
Salon A/B 4th Floor
PMI - 1  Cognitive-Behavioral Conjoint Therapy for PTSD:
An Update on the Evidence and Techniques for Delivery
(Candice Monson, PhD, Cpsych; Steffany Fredman, PhD)

Salon C/D 4th Floor
PMI - 2  Helping Children and Families at Highest Risk: Trauma
Systems Therapy to Establish and Maintain Safety
(Adam Brown, PsyD; Glenn Saxe, MD)

Salon H/I 4th Floor
PMI - 3  Mental Health Care for Refugee and Immigrant Youth
and Families: Evidence-Based Strategies for Providers and
Programs
(Heidi Ellis, PhD; Saida Abdi, LICSW; Jeffrey Winer, PhD; Emma
Cardeli, PhD; Alisa Miller, PhD; Osob Issa, MSW; Luna Mulder, PsyD)

Salon J/K 4th Floor
PMI - 4  Trauma-Informed Change-Making: A Contextualized
Model for Strengthening Systems of Support within
Communities affected by Historical & Collective Trauma
(Ilya Yacevich, LMFT; Anita Shankar, MPH; Wendy D’Andrea, PhD)

Half-Day Institutes
(8:30 a.m. – Noon)
Arlington 4th Floor
PMI - 5  Trauma-Focused Cognitive-Behavioral Therapy:
Advancements and Clinical Applications
(Judith Cohen, MD; Kelly Kinnish, PhD; Matthew Kliethermes, PhD;
Jessica Wozniak, PsyD)

Berkeley/Clarenden 3rd Floor
PMI - 6  Brief Eclectic Psychotherapy (BEPP) for Complex
Trauma and Traumatic Grief
(Berthold Gersons, MD, PhD; Mirjam Nijdam, PhD; Geert Smid, MD,
PhD)

Dartmouth/Exeter 3rd Floor
PMI - 7  Child-Adult Relationship Enhancement (CARE):
Building Skills for Charting a Positive Course to Strengthening
Relationships and Promoting Resilience after Trauma in Children
and Teens
(Robin Gurwitch, PhD; Steven Berkowitz, MD; Joshua Masse, PhD;
Toshiko Kamo, MD, PhD; Samantha Schilling, MD)

Fairfield 3rd Floor
PMI - 8  STAIR Narrative Therapy: Using Relational Models to
Guide Treatment
(Marylene Cloitre, PhD; Christie Jackson, PhD; Kile Ortigo, PhD)

Suffolk 3rd Floor
PMI - 9  Caring for Veterans with PTSD and Moral Injury at the
End of Life
(Patricia Watson, PhD; LeeAnn Bruce, PhD, LCSW)
Abbreviated Schedule (continued)

Pre-Meeting Institutes, Wednesday, November 13 (continued)

Half-Day Institutes
(1:30 p.m. – 5:00 p.m.)
Arlington 4th Floor
PMI - 10   Cue-Centered Therapy for Chronic Trauma
(Hilt Kletter, PhD; Ryan Matlow, PhD; Victor Carrion, MD)

Berkeley/Clarenden 3rd Floor
PMI - 11   Seeking Safety: A Summary of the Model, New Developments, and Questions
(Lisa Najavits, PhD)

Dartmouth/Exeter 3rd Floor
PMI - 12   Treating Traumatized Children Who Have Intellectual and Developmental Disabilities: Adapting Trauma-Focused Cognitive Behavior Therapy
(Daniel Hoover, PhD, ABPP; Peter D’Amico, PhD, ABPP)

Fairfield 3rd Floor
PMI - 13   Trauma Informed Guilt Reduction (TriGR): A Transdiagnostic Therapy for Guilt and Shame from Trauma and Moral Injury
(Sonya Norman, PhD; Brittany Davis, PhD; Christy Capone, PhD; Nendall Browne, PhD)

Suffolk 3rd Floor
PMI - 14   Introduction to the Neurobiology of PTSD: Key Findings and Methodologies
(Jasmeet Hayes, PhD; Sanne van Rooij, PhD; Suzanne Pineles, PhD; Mark Logue, PhD)

Keynote Address
Salon G 4th Floor
Wednesday, November 13, 6:30 p.m. – 8:00 p.m.
Roseann Sdoia
Boston Marathon Bombing Survivor
Abbreviated Schedule (continued)

Keynote Address
Thursday, November 14, 8:20 a.m. – 9:20 a.m.
Truth and Reconciliation: Envisioning Justice from the Victim’s Perspective
Judith Herman

Concurrent Session One
Thursday, November 14
9:45 a.m. – 11:00 a.m.

Salon E/F, 4th Floor
Invited Speaker
Resilience in Perilous Times: Pathways to the Future
Ann Masten

Salon G, 4th Floor
Assessment & Diagnosis Track
Chair: Andreas Maercker
Christine Heim, Bethany Brand, Stevan Hobfoll, Andreas Maercker

Salon A/B, 4th Floor
New Attendee Orientation

Salon C/D, 4th Floor
Child Trauma Track
Symposium: Sustaining Trauma Focused EBTs for Youth across Service Settings
Chair: Jason Lang
Discussant: Lisa Amaya-Jackson
Rochelle Hanson, Erum Nadeem, Elizabeth McNamee
Jason Lang

Salon H/I, 4th Floor
Biological/Medical Track
Symposium: Pre-Deployment Biological and Behavioral Markers to Identify Risk and Resilience Factors for PTSD in Active Duty Military Personnel
Co-Chairs: Charles Marmar & Marti Jett-Tilton
Kristin Samuelson, Katharina Schultebraucks, Rohit Rao, Aarti Gautam, Ruoting Yang

Salon J/K, 4th Floor
Panel: Multicultural Perspectives on the MultiGenerational/Historical Legacies of Massive Trauma
Maria Yellow Horse Brave Heart, Elena Charapanov, Brent Bazo

Provincetown, 4th Floor
Assessment & Diagnosis Track
Panel: Screening for Adverse Childhood Experiences (ACEs): Cautions, Consequences, and Suggestions
Sheri Madigan, Tracie Afifi, David Finkelhor, Harriet MacMillan, Nicole Racine

Arlington, 4th Floor
Military/Veterans Track
Symposium: Innovations in Training Clinicians in Evidence-Based Treatments for PTSD
Chair: Craig Rosen
Craig Rosen, Jeanine Lane, Thea Gallagher, Courtney Worley

Berkeley/Clarenden, 3rd Floor
Child Trauma Track
Workshop: Innovative, Effective Trauma Focused Training for Foster Parents: Trauma Systems Therapy-Foster Care: Examples from the Field
Adam Brown, Susan Sharp, Carrie Noel

Dartmouth/Exeter, 3rd Floor
Symposium: Treating Traumatized Populations: The Effectiveness and Implementation of Transdiagnostic Treatments to Address Co-Morbidity and Lead to a System of Care in Low- and Middle-Income Countries
Chair: Laura Murray
Discussant: Wietse Tol
Jeremy Kane, Paul Bolton, Laura Murray, Kristie Metz

Fairfield, 3rd Floor
Case Studies
Chris Antal, Tricia Stephens, Melissa Cyperski, Karisa Johns Smith
Abbreviated Schedule (continued)

Concurrent Session One (continued)
Thursday, November 14
9:45 a.m. – 11:00 a.m.

Suffolk, 3rd Floor
Public Health Track
Panel: Addressing Trauma and PTSD in Rural Haiti: Community-Based and Clinical Approaches within a Complex Socio-Medical Healthcare System
Emmeline Affricot, Tatiana Therosme, Eddy Eustache, Reginald Fils-Aime, Cidna Valentin
Abbreviated Schedule (continued)

Concurrent Session Two  
Thursday, November 14  
11:15 a.m. – 12:30 p.m.

Salon E/F, 4th Floor  
Invited Panel  
Implementation of the ISTSS PTSD Guidelines  
Recommendations for Adults in Everyday Settings: Choosing and Using the Best Treatment  
Moderator: Ananda Amstadter  
David Forbes, Jonathan Bisson, Marylene Cloitre, Meaghan O’Donnell, David Riggs

Salon G, 4th Floor  
Biological/Medical Track  
Symposium: Incorporating Neural, Molecular, and Psychophysiological Markers to Assess and Enhance PTSD Treatment Response and Recovery  
Chair: Yuval Neria  
Ilan Harpaz-Rotem, Rachel Yehuda, Tanja Jovanovic, Yuval Neria

Salon A/B, 4th Floor  
Immigrant/Refugee Track  
Symposium: Islamic Trauma Healing: A Low-Cost, Easily Up-Scalable Model for War and Refugee Trauma  
Chair: Lori Zoellner  
Discussant: Debra Kaysen  
Lori Zoellner, Norah Feeny, Alexandria Klein, Michael Dolezel

Salon C/D, 4th Floor  
Assessment & Diagnosis Track  
Symposium: Promoting Resilience and Recovery Among Traumatized Youth in the Justice System: Innovative Strategies to Create Trauma-Informed Systems of Care  
Co-Chairs: Keith Cruise, Patricia Kerig  
Carly Dierkhising, Isaiah Pickens, Keith Cruise, Carly baetz, Mahtab Moaveni

Salon H/I, 4th Floor  
Workshop: Promoting Posttraumatic Resilience in Under-Resourced Communities: Contextualizing Trauma-Informed Interventions with Community Leaders  
Wendy D’Andrea, Ilya Yacevich, Anita Shankar

Salon J/K, 4th Floor  
Panel: You Can’t Talk about Trauma without Talking about Race: The Power of Story and Media  
Nicole St. Jean, Tracy Fehrenbach, Rocío Chang-Angulo, Ricardo Gamboa

Arlington, 4th Floor  
Military/Veterans Track  
Symposium: Life Course Adaptation to Trauma across Younger and Older Veteran Cohorts: Identifying Risk and Resilience Factors for Veterans’ Health and Well-Being over Time  
Chair: Brian Smith  
Discussant: Kathryn Magruder  
Dawne Vogt, Crystal Park, Anica Pless Kaiser, Brian Smith

Berkeley/Clarenden, 3rd Floor  
Public Health Track  
Symposium: Perspectives on Resilience: Towards Conceptual Clarity, Correlates, and Mechanisms  
Chair: Ulrich Schnyder  
Tanja Michael, Monique Pfaltz, Sarah Schafer, Myriam Thoma
Abbreviated Schedule (continued)

Concurrent Session Two (continued)
Thursday, November 14
11:15 a.m. – 12:30 p.m.

Dartmouth/Exeter, 3rd Floor
Child Trauma Track
Symposium: A Resilience Agenda for Adverse Childhood Experiences: Enhancing Innovations in Engagement, Empowerment, and Protective Factors
Chair: Maryam Kia-Keating
Sabrina Liu, Briana Woods-Jaeger, Debbie Starr, Maryam Kia-Keating, Nicole Racine

Fairfield, 3rd Floor
Military/Veteran Track
Panel: The Power of Peer Relationships to Foster Trauma Recovery and Mental Health
Kyle Possemato, Scotty MacQueen, Eve Carlson, Emily Johnson, J. Irene Harris

Suffolk, 3rd Floor
Flash Talks
Josh Hunt, Lucy Finkelstein-Fox, Mariana Luz, Kelcey Stratton, Katharine McCloskey, Danny Horesh, Addison Cuneo, Kimberly Arditte Hall, Else-Marie Augusti, Sofie Folke
Abbreviated Schedule (continued)

Concurrent Session Three
Thursday, November 14
3:00 p.m. – 4:15 p.m.

Salon G, 4th Floor
Child Trauma Track
Invited Panel
Implementation of the ISTSS PTSD Guidelines
Recommendations for Children and Adolescents in everyday settings: Choosing and Using the Best Treatment
Moderator: Julian Ford
Lucy Berliner, Tine Jensen, Nancy Kassam-Adams

Arlington, 4th Floor
Invited Speaker
How Traumatic Stress and Addiction have been together understood: Charting a Course Forward in Unifying their Research and Treatment
Denise Hien

Salon J/K, 4th Floor
Public Health Track
Panel: Complex PTSD: Charting a Course Forward
Discussant: Carolyn Yeager
Judith Herman, Elizabeth Carll, Christine Courtois, Thanos Karatzias, Denise LeBoeuf

Provincetown, 4th Floor
Symposium: Charting New Directions in Understanding Social Support’s Role in Trauma Recovery and Resilience
Co-chair/Discussant: Elana Newman
Co-chair: Merdijana Kovacevic
Naomi Ennis, Heather Littleton, Merdijana Kovacevic, Anne DePrince

Berkeley/Clarenden, 3rd Floor
Symposium: Facilitating Resilience among Survivors of Intimate Partner Violence
Chair: Samantha Holmes
Samantha Holmes, Tami Sullivan, Samantha Holmes, Dawn Johnson, Judy Postmus, Laura Johnson

Dartmouth/Exeter, 3rd Floor
Workshop: Community-Based Person-Centered Trauma-Informed (PCTI) Care Interventions for Holocaust Survivors and Their Caregivers: Building and Maintaining Resilience
Keith Morgen, Tina Maschi, Alyssa Reiner

Fairfield, 3rd Floor
Workshop: Addressing Sociocultural Trauma and Increasing Resilience in Public Education: From Understanding Systemic Barriers to Addressing Microaggressions
Martha Merchant, Joyce Dorado

Suffolk, 3rd Floor
Military/Veterans Track
Panel: Engaging Veterans and Military Families in the 21st Century: Breaking Barriers with Novel Approaches to Treatment through Public-Private Partnerships
Amanda Spray, Ari Lowell, Melissa Peskin, Laura Price, Mayer Bellehensn
Abbreviated Schedule (continued)

Concurrent Session Four
Thursday, November 14
4:30 p.m. – 5:45 p.m.

Salon G, 4th Floor
Invited Speaker
Is Childhood Trauma Decreasing, and If So, Can We Take any Credit?
David Finkelhor

Salon A/B, 4th Floor
Immigrant/Refugee Track
Symposium: Using Research, Practice and Policy to Understand and Promote the Mental Health of Trauma-Exposed Refugees and Migrants
Chair: Diane Elmore Borbon
Discussant: Heidi Ellis
Diane Elmore Borbon, Angela Nickerson, Marit Sijbrandij

Salon C/D, 4th Floor
Workshop: Learning how to Listen to Trauma as a Methodological Imperative with Societal Implications: Lessons Learned from Qualitative Research Methodologies
Jacob Stein, Rivka Tuval-Mashiach

Salon H/I, 4th Floor
Biological/Medical Track
Symposium: Computational Methods for Traumatic Stress Research: Advancing Prediction, Causal Discovery, and Intervention Target Selection
Chair: Glenn Saxe
Isaac Galatzer-Levy, Taylor Keding, Glenn Saxe, Sisi Ma

Salon J/K, 4th Floor
Panel: Making Trauma Research Public: Moving Beyond Traditional Dissemination to Share Research with Diverse Audiences
Discussant: Bruce Shapiro
Anne DePrince, Joan Cook, Jennifer Gomez, Alec Smidt

Provincetown, 4th Floor
Child Trauma Track
Panel: Strengthening Resilience of Caregivers on Behalf of Youth with Intellectual and Developmental Disabilities who have Experienced Trauma
Juited Vogel, Peter D’Amico, Daniel Hoover, Michael Gomez, Jacquelyn Kraps

Arlington, 4th Floor
Military/Veterans Track
Symposium: Examining the Role of Cognitions in Symptomatology, Functioning, and Treatment Outcomes for Military Sexual Trauma Survivors
Chair: Rebecca Blais
Rebecca Blais, Lindsey Monteith, Alyson Zalta, Kristen Reinhardt

Berkeley/Clarenden, 3rd Floor
Public Health Track
Symposium: Risk and Protective Factors affecting Adjustment following Episodes of Mass Violence
Chair: Erika Felix
Erika Felix, Russell Jones, Siri Thoresen, Jennifer Green

Dartmouth/Exeter, 3rd Floor
Symposium: Modifying Trauma-Focused Evidence-Based Psychotherapies: What? Why? And How?
Co-chairs: Sarah Krill Williston & Barbara Niles
Discussant: Patricia Resick
Princess Ackland, Kathleen Chard, Virginia McCaughey, Sarah Krill Williston

Fairfield, 3rd Floor
Workshop: Confronting the Trauma of “Jane Crow”: Providing Trauma-Informed Care to Parents involved in the Child Protection System
Miriam Itzkowitz, Erin Sugrue, Joanna Woolman

Suffolk, 3rd Floor
Flash Talks
Kelly Harrington, Sadie Larsen, Sarah Campbell, Chelsea Cogan, Rebecca Altschuler, Samantha Moshier, Sarah Lowe, Jessica Hanson, Amy Gregory, Lucy Allbaugh
Abbreviated Schedule (continued)

**Keynote Address**
Friday, November 15, 8:20 a.m. – 9:20 a.m.
Better Together: Examples from Cognitive Processing Therapy of the Interaction between Clinical Practice and Research
Patricia A. Resick

**Concurrent Session Five**
Friday, November 15
9:45 a.m. – 11:00 a.m.
Salon E/F, 4th Floor
Invited Panel
Developmental Adversity as a Biological Variable: Considering A Path Forward – Part One
Co-Chairs: Kerry J. Ressler & Susan L. Miller
Ronald C. Kessler, Bruce S. McEwen, Martin H. Teicher, Elisabeth Binder, Charles B. Nemeroff

Salon A/B, 4th Floor
Symposium: Trauma, PTSD, and Sleep I: The Role of Disturbed Sleep on PTSD Development, Suicidal Ideation, Cognitive Functioning, and Hyperarousal
Chair: Peter Colvonen
Discussant: Sonya Norman
Jason DeViva, Elissa McCatrthy, Peter Colvonen, Sophie Wardle-Pinkston

Salon C/D, 4th Floor
Assessment & Diagnosis Track
Symposium: What Can we Learn about PTSD from Network Analysis?
Chair: Talya Greene
Tobia Spiller, Brian Hall, Cherie Armour, Karen-Inge Karstoft

Salon H/I, 4th Floor
Biological/Medical Track
Symposium: PTSD and SUD Comorbidity: Mechanistic Insights from Genome Wide Association Studies
Chair: Ananda Amstadter
Christine Sheerin, Sage Hawn, Ananda Amstadter, Jacquelyn Meyers

Salon J/K, 4th Floor
Public Health Track
Panel: Targeting Patient-Centered Resilience Factors that Drive Posttraumatic Adaptation and Thriving
Andrew Smith, Charles Benight, Bita Ghafoori, Miranda Olff, Grete Dyb

Provincetown, 4th Floor
Panel: Translating Psychotherapy Best Practices into Community Interventions: Global Perspectives
Vivian Khedari, Lou Bergholz, Ilya Yacevich, Tim Conibear

Berkeley/Clarenden, 3rd Floor
Military/Veterans Track
Symposium: Along the Continuum: When Higher-Level PTSD Care is needed for Recovery
Chair: Kristen Walter
Discussant: Kathleen Chard
Philip Held, Kristen Walter, Mark Burton, Rachel Blain

Dartmouth/Exeter, 3rd Floor
Child Trauma Track
Symposium: Tapping a Valuable Resource: Using Existing Research and Service Data to Advance Our Understanding of Child Posttraumatic Stress
Chair: Nancy Kassam-Adams
Anke de Haan, Rachel Hiller, Glenn Saxe, Betty Lai

Fairfield, 3rd Floor
Military/Veterans Track
Workshop: Modeling to Learn: Using Simulation to Optimize Local Clinic Implementation of Evidence-Based Psychotherapy
Lindsey Zimmerman, Andrew Holbrook, Tom Rust

Suffolk, 3rd Floor
Flash Talks
Crosby Modrowski, Steven Lancaster, Beth Cohen, Soren Anderson, William Wolfe, Natalie Mota, Linnea Linde-Krieger, Sarah Gillespie, Michelle Alto, Michelle Roley-Roberts
**Abbreviated Schedule (continued)**

**Concurrent Session Six**  
**Friday, November 15**  
**11:15 a.m. – 12:30 p.m.**

**Salon E/F, 4th Floor**  
**Invited Panel**

**Developmental Adversity as a Biological Variable: Considering a Path Forward – Part Two**  
Co-Chairs: Kerry J. Ressler & Susan L. Miller  
Ronald C. Kessler, Bruce S. McEwen, Martin H. Teicher, Elisabeth Binder, Charles B. Nemeroff

**Salon A/B, 4th Floor**  
**Symposium: Trauma, PTSD, and Sleep II: Examining the Relationship between Insomnia and PTSD Treatments**  
Chair: Peter Colvonen  
Discussant: Alan Peterson  
Kim Felmingham, Nicole Short, Peter Colvonen, Daniel Taylor

**Salon C/D, 4th Floor**  
**Assessment & Diagnosis Track**

**Symposium: Cultural Psychology Approaches to Studying Trauma and Posttraumatic Stress**  
Chair: Nuwan Jayawickreme  
Jay Verkuilen, Andrew Rasmussen, Nuwan Jayawickreme, Michelle Leon

**Salon H/I, 4th Floor**  
**Biological/Medical Track**

**Symposium: Computational Approaches to Characterize and Predict Posttraumatic Stress Psychopathology: Moving from the Laboratory to Scalable Technology**  
Chair: Isaac Galatzer-Levy  
Discussant: Richard Bryant  
Isaac Galatzer-Levy, Karen-Inge Karstoft, Lars Nissen, Katharina Schultebraucks, Jukka-Pekka Onnela

**Salon J/K, 4th Floor**  
**Public Health Track**

**Panel: Providing a Spectrum of Skill-Building Interventions after Disasters and Mass Violence**  
Patricia Watson, Meaghan O’Donnell, Marit Sijbrandij, April Naturale

**Provincetown, 4th Floor**  
**Child Trauma Track**

**Panel: Multidisciplinary Approaches to Promote Recovery and Resilience among Sexually Exploited Youth: Diverse Perspectives on Services, Advocacy, and Treatment**  
Carly Dierkhising, Mae Ackerman-Brimberg, Kelly Kinnish, Ginny Sprang

**Arlington, 4th Floor**  
**Military/Veterans Track**

**Symposium: Resilience in the Uniform Services - Measurement and Intervention**  
Chair: Neil Greenberg  
Neil Greenberg, Amy Adler, Eric Vermetten, Lisa Dell

**Berkeley/Clarenden, 3rd Floor**  
**Immigrant/Refugee Track**

**Symposium: From Bench to Bedside: Informing Evidence-Based Psychological Interventions for Refugees**  
Chair: Angela Nickerson  
Discussant: Ulrich Schnyder  
Philippa Specker, Joel Hoffman, Theresa Koch, Angela Nickerson

**Dartmouth/Exeter, 3rd Floor**  
**Military/Veterans Track**

**Symposium: Seeking Clarity in the Face of an Epidemic: Dissecting Associations among Trauma, PTSD, and Opioid Use**  
Chair: Chrystal Badour  
Discussant: Sudie Back  
Chrystal Badour, Amanda Gilmore, Angela Moreland, Jessica Peirce

**Fairfield, 3rd Floor**  
**Immigrant/Refugee Track**

**Symposium: PTSD and Positive Memories: Implications for Trauma Treatment and Recovery**  
Chair: Ateka Contractor  
Megan Dolan, Nicole Weiss, Ateka Contractor, Anne Banducci

**Suffolk, 3rd Floor**  
**Workshop: Adapting Skills for Psychological Recovery (SPR) for Different Populations: Strategies for Training and Implementation**  
Discussant: Melissa Brymer  
Rosaura Orengo-Aguayo, Joah Williams, Alyssa Rheingold
Abbreviated Schedule (continued)

Concurrent Session Seven
Friday, November 15
3:00 p.m. – 4:15 p.m.

Salon E/F, 4th Floor
Invited Speaker
The Neglected Belligerent Sibling in the Affect Family: Advances in the Understanding, Assessment and Treatment of Trauma-Related Anger
David Forbes

Salon A/B, 4th Floor
Immigrant/Refugee Track
Symposium: Multi-Level Vulnerability and Adaptation: Ecological Approaches to Working Together with Communities Affected by War and Forced Migration
Chair: Mary Bunn
Discussant: Zachary Steel
Ruth Wells, Shaun Nemorin, Reza Rostami, Karin Wachter, Mary Bunn

Salon C/D, 4th Floor
Workshop: Implementing Prolonged Exposure with Patients Using Cannabis: Strategies and Challenges
Discussant: Norah Feeny
Michele Bedard-Gilligan, Rosemary Walker, Lori Zoellner

Salon H/I, 4th Floor
Biological/Medical Track
Symposium: How Does Trauma Impact Perinatal Health and What Can We Do About It?
Chair: Yael Nillni
Alytia Levendosky, Maria Muzik, Yael Nillni, Mickey Sperlich

Salon J/K, 4th Floor
Military/Veterans Track
Panel: Lessons from the Field: Conducting Compassion-based Interventions among Veterans with Posttraumatic Stress Disorder
Erica Eaton, David Kearney, A. Rani Elwy, Jessica Pieczynski

Provincetown, 4th Floor
Assessment & Diagnosis Track
Panel: 30 Years of the National Center for PTSD: Past, Present, and Future
Paula Schnurr, Matthew Friedman, Terence Keane, John Krystal, Jessica Hamblen

Arlington, 4th Floor
Symposium: The Science to Care and Quality Assurance Gaps in PTSD Treatment: Lessons Learned from Large Healthcare Systems
Chair/Discussant: Brett Litz
Anka Ehlers, Craig Rosen, Andrea Phelps, Mark Hinton

Berkeley/Clarenden, 3rd Floor
Public Health Track
Symposium: Innovative Approaches to the Development and Evaluation of Trauma-Informed Care Programs in Health Care Systems
Chair: Meghan Marsac
Meghan Marsac, Melissa Alderfer, Nancy Kassam-Adams, Jane Halladay Goldman, Carrie Purbeck Trunzo

Dartmouth/Exeter, 3rd Floor
Child Trauma Track
Symposium: Evidence-Based Assessment and Intervention Among Hurricane-Exposed Youth: Disseminating Community-Wide Best Practices
Chair: Julie Kaplow
Discussant: Robert Pynoos
Cody Dodd, Joy Osofsky, Howard Osofsky, Rosaura Orengo-Aguayo, Annette La Greca

Fairfield, 3rd Floor
Multi-Media: Murmullos Del Silencio: Listening to Mexican Children of the Holocaust
Discussant: Joseph Albeck
Stephanie Kurian-Fastlicht, Aaron Cohen, Yael Danieli

Suffolk, 3rd Floor
Flash Talks
Kathryn Macia, Tara Powell, Juliette McClendon, Michaela Mozley, Whitney Livingston, Christopher Erbes, Ilana Berman, Katherine Grein, Kathryn O’Neill, Anthony Reffi
Abbreviated Schedule (continued)

Concurrent Session Eight
Friday, November 15
4:30 p.m. – 5:45 p.m.

Salon E/F, 4th Floor
Invited Panel
State of the Art in Resilience Research: Interdisciplinary Perspectives and Recommendations for Best Practices
Christy A. Denckla, Karestan C. Koenen, Dante Cicchetti, Laura D. Kuzbansky, Soraya Seedat, Martin Teicher, David Williams

Salon A/B, 4th Floor
Immigrant/Refugee Track
Symposium: The Caregiver Support Intervention: Strengthening the Psychosocial Wellbeing of Syrian Refugee Children in Lebanon by Strengthening the Wellbeing and Parenting of their Caregivers
Chair: Kenneth Miller
Kenneth Miller, Alexandra Chen, Maguy Arnous, Fadila Tossyeh

Salon C/D, 4th Floor
Special Session: An interview with Dr Matt Friedman: The Unexpected Life of the Failed Pig Farmer who became the Foundation Director of the National Centre for PTSD
Alexander McFarlane
Matthew Friedman

Salon H/I, 4th Floor
Biological/Medical Track
Symposium: Functional and Structural Brain Correlates of PTSD: Genetic Moderators and Implications for Resilience
Chair: Danielle Sullivan
Michael Esterman, Danielle Sullivan, Rajendra Morey, Sanne van Rooij

Salon J/K, 4th Floor
Military/Veterans Track
Panel: Military to Civilian Transition: Theoretical and Practical Challenges in Optimizing Well-Being
Discussant: Harold Kudler
Paula Dabovich, Iain Beck, Julie Coulthard

Provincetown, 4th Floor
Panel: Listening to Survivors of Sexual Exploitation: An Exploratory Meeting of Mental Health and Survivor Professionals to Conceptualize Best Practices
Abigail Judge, Kathleen Price, Ann Wilkinson, Jose Hidalgo, Usha Tummala-Narra

Arlington, 4th Floor
Symposium: Cannabis Use and PTSD: Exploring Effects on Etiology, Maintenance, and Recovery
Chair: Michele Bedard-Gilligan
Discussant: Denise Walker
Kendall Browne, Debra Kaysen, Michele Bedard-Gilligan, Zachary Adams

Berkeley/Clarenden, 3rd Floor
Public Health Track
Workshop: Assessment and Treatment of ICD-11 Complex PTSD
Marylene Cloitre, Philip Hyland, Neil Roberts, Thanos Karatzias

Dartmouth/Exeter, 3rd Floor
Child Trauma Track
Workshop: Addressing Parent Trauma in Child Trauma Treatment Models
Laurel Kiser
Alisa Miller

Suffolk, 3rd Floor
Assessment & Diagnosis Track
Symposium: Identifying Mental Health Determinants in Rwandan Youth 25 years Post-Genocide
Chair: Mary Fabri
Eugene Rutembesa, Mary Fabri, Sarah K.G. Jensen, Felicien Izaturwanaho
Abbreviated Schedule (continued)

Keynote Address
Saturday, November 16, 8:20 a.m. – 9:20 a.m.
Addressing the Effects of Trauma in Children, Youth and Families Facing Adversity Globally
Theresa S. Betancourt

Concurrent Session Nine
Saturday, November 16
9:45 a.m. – 11:00 a.m.

Salon E/F, 4th Floor
Invited Panel
The Changing Face of Political Violence in Europe: Identifying and Responding to New Challenges
Jana Javakhishvili, Cherie Armour, Gavin Rees, Trudy Mooren

Salon G, 4th Floor
Symposium: International Dissemination of Cognitive Processing Therapy: Cross Cultural Insights in Training and Service Delivery
Chair: Kathleen Chard
Discussant: Patricia Resick
Heidi La Bash, Berglind Gudmundsdottir, Kathleen Chard, Darren Bambridge

Salon A/B, 4th Floor
Symposium: The Role of Self-Appraisals in Trauma Recovery and Resilience
Chair: Amanda Devane
Discussant: Charles Benight
Amanda Devane, Kristin Samuelson, Carolyn Yeager, Kendall Pfeffer

Salon C/D, 4th Floor
Assessment & Diagnosis Track
Symposium: Advancements in Assessment of DSM-5 PTSD
Chair: Daniel Lee
Discussant: Frank Weathers
Michelle Bovin, Daniel Lee, Lindsay Kramer, Ateka Contractor

Salon H/I, 4th Floor
Biological/Medical Track
Symposium: The Impact of Type and Timing of Childhood Trauma on the Neural and Physiological Responses to Threat
Chair: Bernet Elzinga
Maurizio Sicorello, Bernet Elzinga, Kim Felmingham, Eamon McCrory

Salon J/K, 4th Floor
Immigrant/Refugee Track
Panel: The Global Human Rights and Mental Health Crisis of Forced Displacement: Caring for Refugees through Mental Health Research
Brian Hall, Kenneth Miller, Andrew Rasmussen, Amit Bernstein

Provincetown, 4th Floor
Panel: A Multidisciplinary Perspective on Integrative Health Approaches for with Post Traumatic Stress Disorder and Traumatic Brain Injury
Discussant: Louisa Sylvia
Heidi Dotson, Nicolette Maggiolo, Mary lacarino, Patricia Normand, Melissa Ming Foynes

Arlington, 4th Floor
Military/Veterans Track
Symposium: Novel Barriers and Facilitators of Treatment Engagement among U.S. Veterans with PTSD and other Mental Health Conditions
Chair: Sarah Krill Williston

Berkeley/Clarenden, 3rd Floor
Public Health Track
Symposium: Psychosocial and Mental Health Sequelae of Intimate Partner Violence: Implications for Clinical Care & Prevention Efforts
Chair: Colin Mahoney
Discussant: Katherine Iverson
Brittany Hollis, Colin Mahoney, Katherine Bogen, Mollie Shin
Abbreviated Schedule (continued)

Concurrent Session Nine (continued)
Saturday, November 16
9:45 a.m. – 11:00 a.m.

Dartmouth/Exeter, 3rd Floor
Military/Veterans Track
Symposium: The Delicate Web of Dyadic Relationships: Understanding and Reducing the Impact of PTSD
Chair: Kristen Walter
Discussant: Jeremiah Schumm
Alexandra Macdonald, Steffany Fredman, Rachel Liebman, Kristen Walter

Fairfield, 3rd Floor
Child Trauma Track
Workshop: Implementation of Trauma-Informed Care in Juvenile Detention: Triumphs, Challenges and Future Directions
Discussant: Carly Baetz
Felicia McNair, Mahtab Moaveni, Sasha Stok

Suffolk, 3rd Floor
Panel: Leveraging Arts-based Strategies and Creating Brave New Spaces to Address Trauma and Ignite Healing among Boys and Men of Color (BMoC)
Wizdom Powell, Rocio Chang-Angulo, Tyell Jones, Jonathan Gillman
Abbreviated Schedule (continued)

Concurrent Session Ten
Saturday, November 16
11:15 a.m. – 12:30 p.m.

Salon E/F, 4th Floor
Invited Symposium
Risk, Resilience, and Recovery in the Wake of Mass Casualty Incidents: Learning from the Past and Moving toward the Future
Chair: Dean G. Kilpatrick
Dean G. Kilpatrick, Ron Acierno, Rosaura Orengo Aguayo, Connie L. Best

Salon A/B, 4th Floor
Immigrant/Refugee Track
Symposium: Prolonged Grief Disorder: New Emerging Topics
Chair: Rita Rosner
Leah Lucid, Birgit Wagner, Rita Rosner, Hannah Comtesse

Salon C/D, 4th Floor
Symposium: Treatment of Posttraumatic Stress Disorder and Comorbid Substance Use
Chair: Casey Straud
Discussant: Patricia Resick
Debra Kaysen, Anka Vujanovic, Elizabeth Strauss, D. Lee McCluskey

Salon H/I, 4th Floor
Biological/Medical Track
Symposium: Genomic and Epigenetic Mechanisms Contributing to Risk and Resilience to Traumatic Stress
Co-Chairs: Kelly Harrington & Murray Stein
Murray Stein, Erika Wolf, Mark Logue, Karmel Choi

Salon J/K, 4th Floor
Workshop: Theoretical and Practical Considerations in Providing Evidence-Based Treatment for Posttraumatic Stress Disorder to Individuals with Co-Occurring Eating Disorders
Kathryn Trottier, Stephen Wonderlich, Nicola Hering

Assessment & Diagnosis Track
Panel: Complex Changes and the ‘Butterfly Effect’ in Trauma Recovery and Resilience: Views Through the Lens of Non-Linear Dynamic Systems Theories and Models
Carol Keane, Kotaro Shoji, Charles Benight, Christopher Layne, David Rozek

Military/Veterans Track
Symposium: Understanding “Spirituality” and Spiritual Care Provision in the Context of Moral Injury
Chair: Jason Nieuwsma
Joseph Currier, Jason Nieuwsma, Jennifer Wortmann, Carter Check, Melissa Smigelsky

Public Health Track
Workshop: Developing a Trauma-Informed Behavioral Observation Tool for Use in Healthcare Settings
Stephanie Sundborg
Joan Fleishman

Child Trauma Track
Symposium: The Longitudinal Course of Post-Trauma Outcomes in Children, Adolescents, and Young Adults: Resilient Responding and Buffering Effects of Resilience and Social Support
Chair: Christine Sheerin
Christina Sheerin, Terell Hicks, Shannon Cusack, Christy Denckla

Fairfield, 3rd Floor
Panel: Measuring Professional Quality of Life and Organizational Trauma-Informed Culture among Organizations Participating in a Trauma-Informed Supervision and Evaluation Capacity-Building Initiative
Lyndra Bills, RaeAnn Taylor, Jennifer Geiger, Joseph Foderaro, Eda Kauffman

Suffolk, 3rd Floor
Flash Talks
Jason Lang, Eileen Barden, Beth Cohen, Charlotte Sonne, Claire Bird, Erin Hambrick, Wenting Mu, Kenneth Ross, Allison Baier, Dana Rose Garfin
Abbreviated Schedule (continued)

**Concurrent Session Eleven**
Saturday, November 16
2:00 p.m. – 3:15 p.m.

**Salon E/F, 4th Floor**
**Invited Speaker**
Navigating the Intersection of PTSD and Clinically Significant Pain: Reflections on the Past, Present, and Future
Gordon Asmundson

**Salon A/B, 4th Floor**
**Symposium:** Reward Sensitivity and Trauma-Related Psychopathology: Understanding Key Mechanisms in the Development and Maintenance of Trauma-Related Mental Health Problems
Chair: Joah Williams
Meghan McDevitt-Murphy, Cecilia Olin, Anka Vujanovic, Joah Williams

**Salon C/D, 4th Floor**
**Assessment & Diagnosis Track**
Workshop: Using Data to Support the Resilience of Clinicians and Researchers Exposed to Secondary Trauma
Kate Murray, Kelly Sullivan, Ginny Sprang

**Salon H/I, 4th Floor**
**Biological/Medical Track**
Symposium: New Neurobiological Research on Trauma-Related Dissociation
Chair: Lauren Lebois
Discussant: Milissa Kaufman
Sherain Harricharan, Lauren Lebois, A.A.T. Simone Reinders

**Salon J/K, 4th Floor**
**Symposium:** Understanding and Promoting Healing/Resilience against Racial Trauma and Violence-Related Disparities among Populations of Color
Chair: Sierra Carter
Sierra Carter, Miryam Kia-Keating, Diana Santacrose, Farzana Saleem

**Provincetown, 4th Floor**
**Child Trauma Track**
Panel: Trauma-Informed Inpatient Care: Utilizing Trauma-Focused, Evidence-Based Interventions to Treat Traumatized Adolescents in Inpatient Settings
Discussant: Carl Fulwiler
Zlatina Kostova, Ingrid Sarmiento, Brian Denietolis

**Arlington, 4th Floor**
**Military/Veterans Track**
Symposium: Using Data from the Veterans Health Administration to Understand Outcomes and Improve the Future of Posttraumatic Stress Disorder Treatment
Chair: Nicholas Holder
Rebecca Sripada, Shira Maguen, Nicholas Holder, Brian Shiner

**Berkeley/Clerenden, 3rd Floor**
**Symposium:** Reconsolidation Therapy using Propranolol to Treat Trauma- and Stressor-Related Disorders
Chair: Alain Brunet
Michelle Lonergan, Daniel Saumier, Ram P. Sapkota

**Dartmouth/Exeter, 3rd Floor**
**Symposium:** Early Intervention in a Traumatic Injury Population: How Feasible and Effective is the State of the Art?
Chair: Sadie Larsen
Terri deRoon-Cassini, Leigh Ridings, Alex Rothbaum, Sadie Larsen, Rachel Myers, Laura Vega

**Fairfield, 3rd Floor**
**Public Health Track**
Panel: Navigating Climate Trauma: An Overview of Climate Change and Mental Health Risks, Impacts, and Adaptation Opportunities
Jura Augustinavicius, Katie Hayes, James Recht, Lise Van Susteren

**Suffolk, 3rd Floor**
**Flash Talks**
Alessandro Massazza, Nancy Payne, Marissa Hansen, Iris Steine, Erica Krist, Adam Gonzalez, Louisa Sylvia, Elizabeth Taylor, Ursula Kelly, Melissa Polusny

**Salon G 4th Floor**
**Closing Keynote Plenary**
Will be announced shortly