

ISTSS Certificate Program

Category 1: Psychological Treatment of PTSD (including early intervention)	Type	# of Credits
A Transdiagnostic Unified Treatment for Emotional Disorders	Video	1.5
Applications of Dialectical Behavior Therapy to the Treatment of Dissociative Behavior & Other Complex Trauma Related Problems	Video	1.5
Assessing PTSD According to the DSM-5	Video	4
Cognitive Processing Therapy for the Treatment of PTSD	Video	1.5
Introduction to EMDR Therapy	Audio	3
Parent-Child Interaction Therapy (PCIT)- to be replaced with new content	Video	4
STAIR: Narrative Therapy: Flexible Application- to be replaced with new content	Audio Synchron	3
Treating Posttraumatic Sleep Problems, Applying CBT for Insomnia to Traumatized Populations	Video	4
Using Cognitive Processing Therapy in a Group Setting	Video	4
Using Prolonged Exposure Therapy to Emotionally Process Traumatic Memories-to be replaced with new content	Video	1.5
Virtual Reality Exposure Therapy for the Treatment of PTSD	Video	1.5
Webinar: PTSD for Combat Trauma: The Frequent Issues that Emerge in Cognitive Therapy	Audio Synchron	1.5
Webinar: Trauma and the Mental Health of Global Populations	Audio Synchron	1.5
How to Treat Concurrent PTSD in Patients with Borderline Personality Disorder: Principles and Evaluation of DBT-PTSD	Audio	1.5
Webinar: Life After Trauma: Using Acceptance and Commitment Therapy to Revitalize Interrupted Lives	Audio Synchron	1.5
Webinar: Dialectical Behavior Therapy (DBT) and the Treatment of Trauma-Related Problems	Audio Synchron	1.5

Category 2: Working with Specialized Populations	Type	# of Credits
Treating Posttraumatic Sleep Problems, Applying CBT for Insomnia to Traumatized Populations	Video	4
Webinar: The Viability and Usefulness of the Construction of Moral Injury in War Veterans	Audio Synchron	1.5
Integrating Culturally Informed and Evidence Based Treatment with Traumatized Young Children and Their Families	Audio	1.5
Webinar: Life After Trauma: Using Acceptance and Commitment Therapy to Revitalize Interrupted Lives	Audio Synchron	1.5

Two Empirically Based Models for the Treatment of Complex Trauma in Adolescents	Audio	3
The Sanctuary Model: Creating and Sustaining Trauma-Responsive Organizational Cultures	Audio Sync	1.5
Webinar: Cannabis and PTSD: Existing Evidence and Clinical Considerations	Audio Sync	1.5

Category 3: Neurobiology and Pharmacological Treatment of PTSD	Type	# of Credits
An Introduction to the Neurobiology of Traumatic Stress	Audio Sync	3
Pharmacological Strategies for Trauma-Related Mental Health Complaints	Video	1.5
Functional Neuroimaging of Neural Circuits in PTSD	Audio	1.5
The Neurobiology of Traumatic Stress: Key Findings and Methodologies	Audio	3
Genomic Regulation by Early Life Experience	Audio	1.5

Category 4: Human Rights and Ethical Issues	Type	# of Credits
Doing it Well and Doing it Right- to be replaced with new content	Video	4
Clinical Ethics	Video	1.5
Research Ethics	Video	1.5

Category 5: Psychological Treatment of Trauma-Related Disorders	Type	# of Credits
A Transdiagnostic Unified Treatment for Emotional Disorders	Video	1.5
Applications of Dialectical Behavior Therapy to the Treatment of Dissociative Behavior & Other Complex Trauma Related Problems	Video	1.5
Parent-Child Interaction Therapy (PCIT)- to be replaced with new content	Video	4
Treating Posttraumatic Sleep Problems, Applying CBT for Insomnia to Traumatized Populations	Video	4
Webinar: Introduction to Complicated Grief Treatment	Audio Sync	1.5
Integrating Culturally Informed and Evidence Based Treatment with Traumatized Young Children and Their Families	Audio	1.5
Two Empirically Based Models for the Treatment of Complex Trauma in Adolescents	Audio	3
Finding Feeling: Treating Traumatic Dissociation	Audio	1.5

Acceptance and Commitment Therapy for Trauma: Finding Life Beyond Pain	Audio	1.5
Webinar: Dialectical Behavior Therapy (DBT) and the Treatment of Trauma-Related Problems	Audio Sync	1.5

Category 6: Methodological Issues in Traumatic Stress Research	Type	# of Credits
Beyond Significance: Understanding the Old and New Generation of Effect Size Statistics	Audio	1.5
Integrating Mediation and Moderation Analysis	Audio	3
Latent Variable Modeling of Longitudinal Data with Applications to Trauma Research	Audio Sync	1.5
Integrating Expert Knowledge About Traumatic Stress Into Statistical Models Assessing Individual Change Over Time by Using Bayesian Statistics	Audio	1.5