Pharmacological Therapy Studies for PTSD in Adults.

Criteria for considering studies

- Any randomised controlled trial (including cross-over trials) evaluating the efficacy of pharmacological interventions (as monotherapy, augmentation, and pharmacotherapy assisted psychological interventions) aimed at reducing symptoms of PTSD in adults
- At least 70% of participants required to be diagnosed with PTSD according to DSM or ICD criteria by means of a structured interview or diagnosis by a clinician
- No restrictions on the basis of comorbidity but PTSD required to be the primary diagnosis
- Eligible comparator interventions: placebo, another pharmacological agent, a psychological intervention, waitlist.
- Duration of PTSD symptoms required to be three months or more
- No restriction on the basis of severity of PTSD symptoms or the type of traumatic event.
- No minimum sample size
- Only studies published in English
- Unpublished studies eligible

Monotherapy


25. Huaihai W, Qingrong T, Zhizhong W. A randomized controlled study on prevention of posttraumatic stress disorder with paroxetine. Department of Psychiatry, Xijing hospital of the Fourth Military Medical University, Xian 710032, China.
56. Yeh MS, Mari JJ, Costa MC, Andreoli SB, Bressan RA, Mello MF, A double blind, randomized controlled trial to study the efficacy of topiramate in a civilian sample of PTSD. CNS Neuroscience and Therapeutics 2010;175:305-310.
57. Yeh MS, Mari JJ, Costa MC, Andreoli SB, Bressan RA, Mello MF, A double blind, randomized controlled trial to study the efficacy of topiramate in a civilian sample of PTSD. CNS Neuroscience and Therapeutics 2010; 175:305-310.

**Drug augmentation**


**Drug assisted therapy**

103. Kotler M, Title: A Randomized, Double-Blind, Active Placebo-Controlled Phase 2 Pilot Study of MDMA-assisted Psychotherapy in People With Chronic, Treatment-Resistant Posttraumatic Stress Disorder (PTSD), 2013 http://clinicaltrials.gov/show/NCT01689740


112. Pacey I, A Randomized, Double-Blind, Controlled Phase 2 Pilot Study of Manualized 3,4-methylenedioxymethamphetamine (MDMA)-Assisted Psychotherapy in 12 Subjects With Treatment-Resistant Posttraumatic Stress Disorder (PTSD) – Canada 2013 http://clinicaltrials.gov/show/NCT01958593


