Internet based treatment for PTSD in adults

Criteria for considering studies

- Any randomised controlled trial (including cluster and cross-over trials) evaluating the efficacy of internet/app based cognitive/behavioral therapies aimed at reducing symptoms of PTSD in adults
- At least 70% of participants required to be diagnosed with PTSD according to DSM or ICD criteria
- No restrictions on the basis of comorbidity
- Eligible comparator interventions: face-to-face psychological therapy, other internet/app based psychological therapies, waitlist, treatment as usual, symptom monitoring, repeated assessment, other minimal attention control group, psychoeducation
- No restriction on the basis of severity of PTSD symptoms or the type of traumatic event.
- No minimum sample size
- Only studies published in English
- Unpublished studies eligible

Proposed studies for inclusion